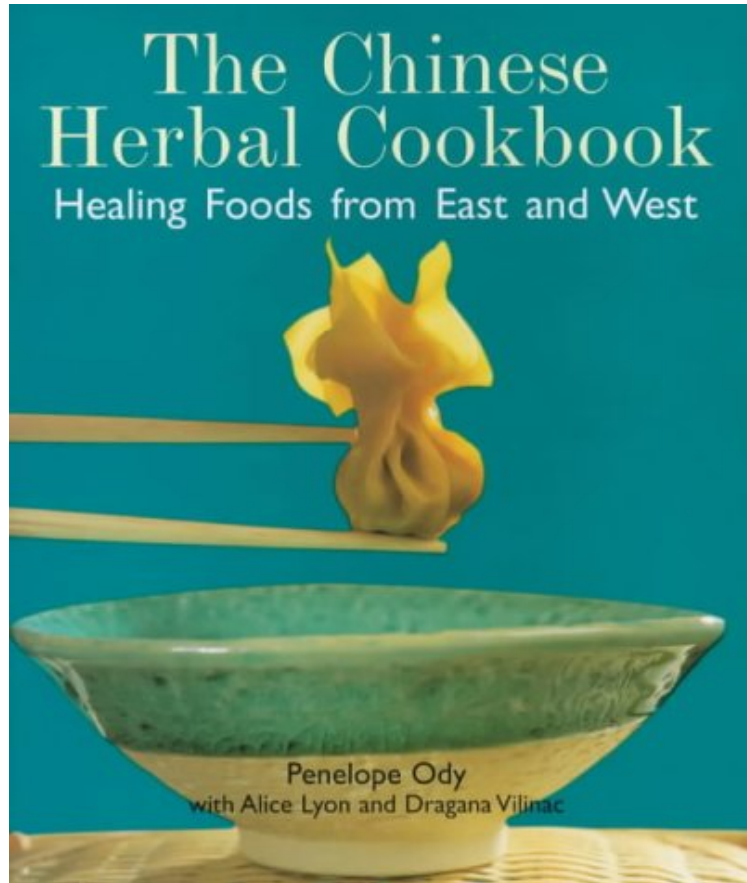


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## The Chinese Herbal Cookbook: Healing Foods from East and West

*Penelope Ody*

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