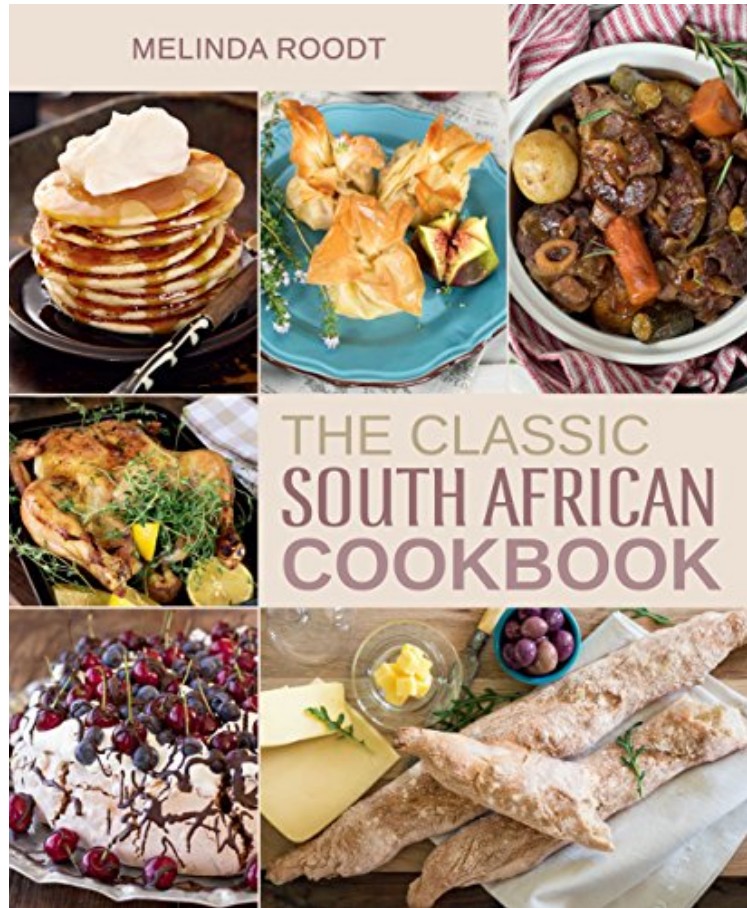


The Classic South African Cookbook

Melinda Roodt

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Melinda Roodt : The Classic South African Cookbook before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Classic South African Cookbook:

1 of 1 people found the following review helpful. Best South African cookbook on By Customer Absolutely love this recipe book. I am South African and a lot of recipes are very traditional and some not, still great though. I bought it as a gift for someone but will definitely by myself one as well.

The Classic South African Cookbook is exactly that ndash; classic home cooking for South Africans the way we eat now. In line with our country's diverse cultures, which often blend more harmoniously in the kitchen, this book is a kaleidoscope of our modern lifestyle with influences from grandmarsquo;s kitchen, popular Mediterranean cuisine, as well as both Indian and African culture. But no matter what your roots may be, this book sets a foundation for good, honest, carefree home cooking, incorporating all the well-loved and familiar favourites. The more than 180 recipes have been refined to guarantee mouth-watering results, no matter your skill level. Only fresh and locally available ingredients are used, while the various techniques are carefully explained ndash; a real boon to those of you just setting out on your culinary journeys. Best of all, every recipes is accompanied by a full-colour photograph.

"A profusely and beautifully illustrated culinary compendium, "The Classic South African Cookbook" offers a cornucopia of classic South African home cooking. In line with the country's diverse cultures, which often blend most harmoniously in the kitchen, "The Classic South African Cookbook" is a kaleidoscope of modern lifestyle recipes with influences from grandma's kitchen, popular Mediterranean cuisine, as well as both Indian and African culture. But no matter what the roots may be, "The Classic South African Cookbook" sets a foundation for good, honest, carefree home cooking, incorporating all the well-loved and familiar favorites. The more than 180 recipes have been refined to guarantee mouth-watering results, no matter the skill level... very highly recommended" (Midwest Book)

About the Author Melinda Roodt and her husband Gerhard are senior pastors at the Delta Community Church in Vereeniging. Melinda is also a public speaker and serves on the boards of a number of charitable organisations working to assist abused women and children, crime victims, orphanages, old age homes and the underprivileged generally. She is also a musician and oversees and directs three bands. As a seasoned host and organiser of various conferences, catering for a few hundred people at a time, Melinda has run several cooking courses at her home, teaching more than 360 women to cook delicious homemade food. And if all that isn't enough, she manages her own rusk and biscuit label, Mel's Kitchen, and undertakes oil painting commissions. In between, this mother still finds time to garden and ride horses for relaxation.