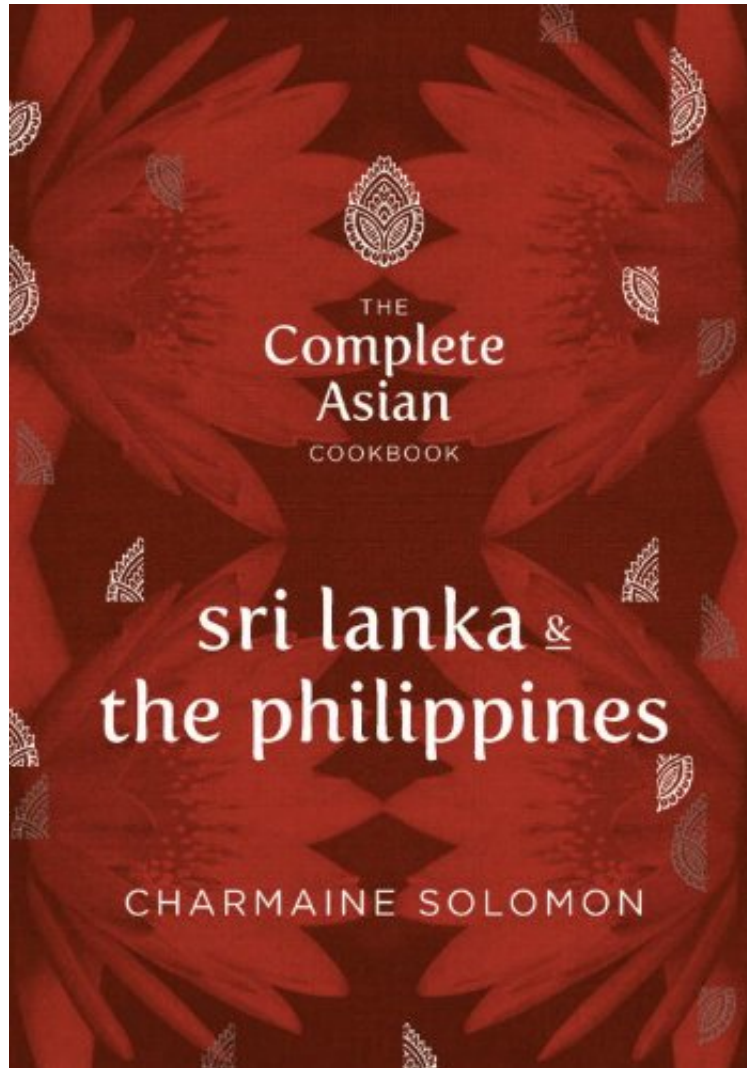


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The Complete Asian Cookbook Series: Sri Lanka The Philippines

Charmaine Solomon

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Charmaine Solomon : The Complete Asian Cookbook Series: Sri Lanka The Philippines before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Complete Asian Cookbook Series: Sri Lanka The Philippines:

3 of 3 people found the following review helpful. Complete Asian Cookbook focusing on Sri Lankan and Filipino recipes By EPICurean M. When I bought this book, I was interested on the Sri Lankan recipes that Charmaine Solomon provides. Charmaine Solomon is one of the coveted authors in Asian cooking. Little did I know, that she has authored a number of cookbooks, grocery guides, and an encyclopedia of Asian Foods and Ingredients for over 39 years. But anyway, I was interested buying the eKindle version of this book because of making the Sri Lankan recipes at home,

and I have found all of the recipes have Indian, Indonesian, Malay and South East Asian influences. They also serve different fritters and curries that unique in their culture. In addition, I have also found unique and some regional cuisine in the Philippines as well. This cookbook list over 50 recipes in Sri Lankan cooking like rice, breads, fritters, over 30 recipes of unique curries and sambols (sambals), desserts and other meat and fish dishes. It also has 20 regional Filipino dishes that are common in the Filipino palate, and few others that are not (9). I liked how Charmaine Solomon gives more emphases on cuisines that are not widely known like Sri Lanka and the Philippines because she gives respect, and a great knowledge and differentiate each ingredients, and what it can be used. This complete Asian cookbook series- should not be forgotten in your kitchen collection because these recipes are unique, yet the ingredients can be found in any Asian grocery that are found in Western countries especially in the US, Europe or Canada. This version is a reprint from her 1979 cookbook series, and is available in eKindle version which can be used on any platform whether it is your Android, Apple iPad, laptop or computer. 6 of 7 people found the following review helpful. The best Sri Lankan cookbook available By Joe The most authentic Sri Lankan cookbook I've ever read. It contains all the dishes I remember having as a child and more importantly, the recipes are spot on. 0 of 2 people found the following review helpful. Terrible!! By SMDBooks came completely damaged on the corners ! Terrible !!!

For generations The Complete Asian Cookbook has been the most well-respected and authentic cookbook on Asian food. Since publication in 1976 it has become one of the most iconic and influential cookbooks in publishing history, garnering a dedicated following worldwide. Now, for the first time, Charmaine Solomon's groundbreaking work has been divided into a series of six geographical regions, each with a complementary design so they may be collected as a set. Asian cuisine has a wonderful range of culinary delights that can be simple, complex, fiery, mild, and tantalizing. With page after page of beautiful, authentic Asian dishes, the recipes in The Complete Asian Cookbook Series have been tested and re-tested to ensure the flavor and character of each dish is preserved. The labor-intensive traditional preparation methods have been cut back, making the recipes easy-to-follow for the home cook. In Sri Lanka The Philippines, the reader will find an invaluable introduction to the food, culture, and cooking methods of the two countries, as well as common ingredients. Learn to cook perfect sweet or savory hoppers, curry parcels and meat buns to snack on, spicy barbecued fish, delicious beef pepper curry, Filipino-style empanadas or the popular love cake. Filled with stunning food photography, The Complete Asian Cookbook Series will guide you through the vast scope of Asian cuisine with authentic recipes that work every time. Start cooking tonight and dine abroad in the Asian country of your choice!

About the Author Charmaine Solomon started her career in food as a journalist and feature writer for an English-language newspaper in Sri Lanka, where she wrote a cookery column dispensing recipes and food ideas. Descended from generations of talented cooks, Charmaine is recognized as one of the world's most knowledgeable writers and teachers of Asian cooking. In putting together The Complete Asian Cookbook, Charmaine travelled widely through many parts of Asia, revisiting familiar places and discovering new ones to ensure that her recipe development was completely authentic. In recognition of her contribution to food media, Charmaine was made a member of the Order of Australia in 2007.