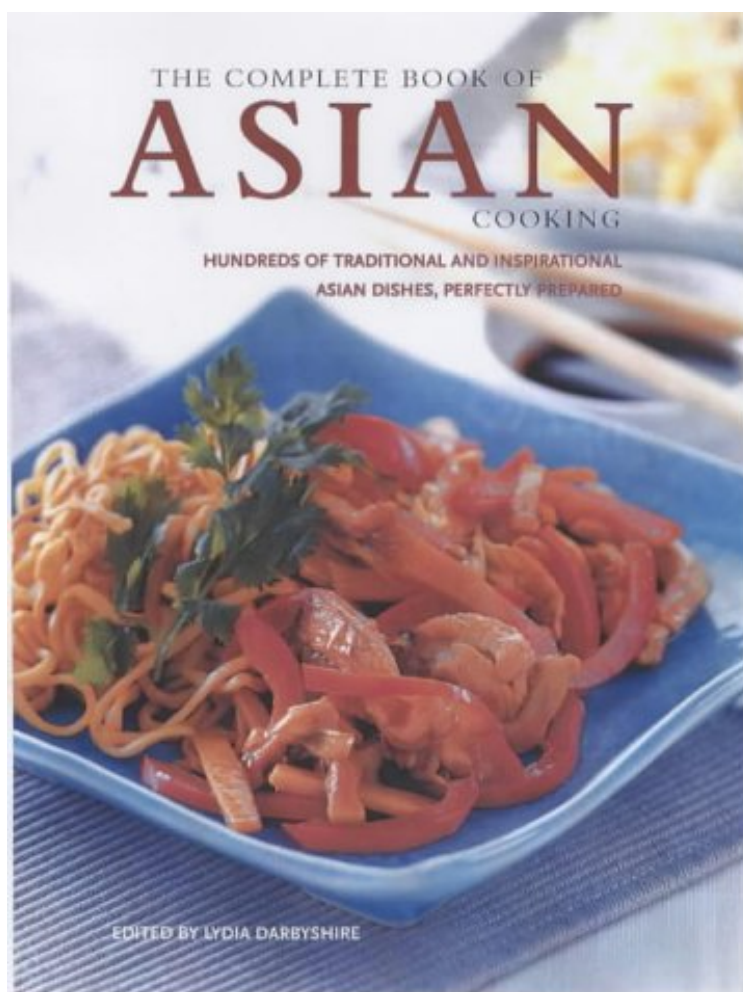


(Get free) The Complete Book of Asian Cooking: Hundreds of Traditional and Inspirational Asian Dishes, Perfectly Prepared

## The Complete Book of Asian Cooking: Hundreds of Traditional and Inspirational Asian Dishes, Perfectly Prepared

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Complete Book of Asian Cooking brings together dishes from Vietnam, from Thailand and Korea, from the four major regions of China and from Japan. The result is an irresistible collection of ideas for cooking with rice and noodles,

using fresh meat and fish, and blending herbs and spice to create the subtle flavours that dominate the Orient. With over 400 recipes this book offers a comprehensive overview of the cuisines featured, with recipes for special occasions, as well as on-pot wonders for one or two people. The emphasis in every case is on providing recipes for authentic, easily prepared dishes for all occasions.

**About the Author** Lydia Darbyshire has been a full-time freelance editor for the last 20 years. She has written a number of cookery titles.