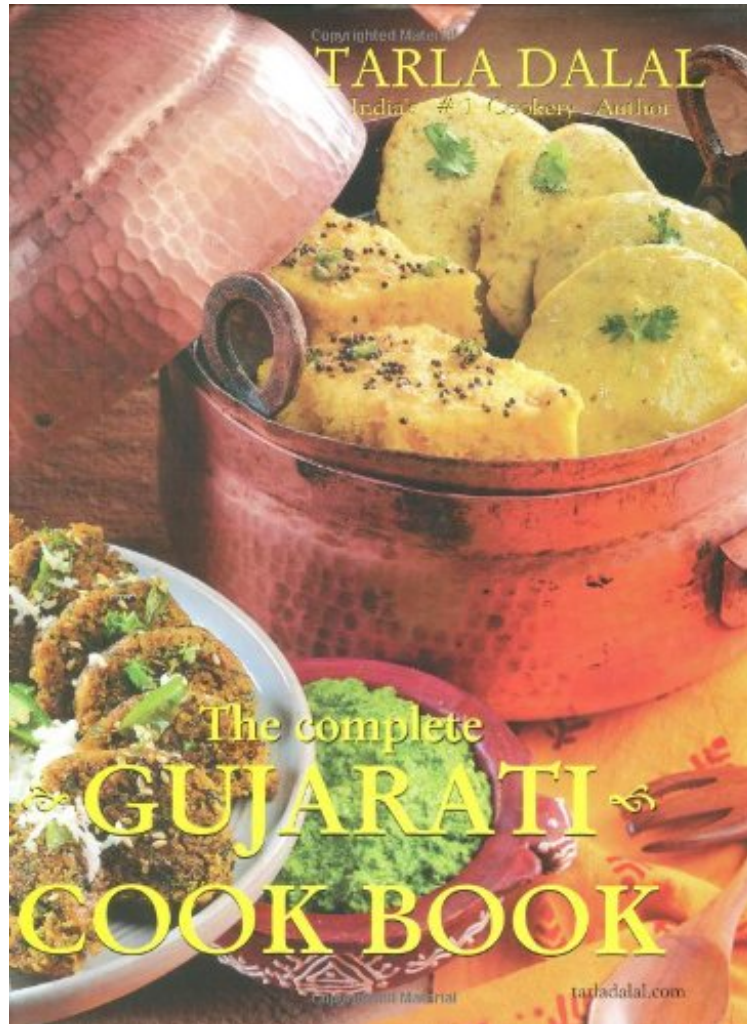


(Download pdf ebook) The Complete Gujarati Cook Book

The Complete Gujarati Cook Book

Tarla Dalal

*audiobook / *ebooks / Download PDF / ePub / DOC*



DOWNLOAD



READ ONLINE

#180052 in Books 2007-01-01 Original language: English PDF # 1 9.57 x .47 x 7.36l, 1.10 #File Name: 8186469451132 pages | File size: 66.Mb

Tarla Dalal : The Complete Gujarati Cook Book before purchasing it in order to gage whether or not it would be worth my time, and all praised The Complete Gujarati Cook Book:

0 of 0 people found the following review helpful. Colorful and informativeBy JTThis was a well received gift. Very colorful and informative6 of 7 people found the following review helpful. Gujarati Cook BookBy the.incredible.dancing.martSo, I bought this because my significant other is Gujarati and I've been exposed to the food (which I love) but had no idea how to re-create the dishes that I enjoyed so much (let alone how to pronounce the names, but that's another topic).I'll preface this by saying that I don't particularly enjoy cooking, but I'm pretty good at foods that I'm familiar with (typical Puerto Rican cuisine). I've *never* used a recipe, as I learned to cook through watching my grandmother and measure things out "por ojo" (by eye), so the whole measuring thing is pretty new.On to the book, I've made a couple of the recipes, which turned out very well. Someone commented on an earlier review

that there were things left out of the recipes which complicated the process, and I found this to be true. I made a gram batter based on the recipe in the book. Had I not previously seen this batter, I would have been terribly confused by the lumps in my bowl. Luckily, I had and figured out that I needed to add water, which the recipe omitted. However, on the first try on a potato dish, the recipe called for WAY more water than actually required. I wound up dumping about half of it out. My Gujarati partner says that the food comes out tasting perfectly, which is good enough for me. On the labeling of the recipes, however, I found a discrepancy versus how my partner and other Gujaratis pronounce and spell the names of the dishes. It's minor, but if you don't go on to read the list of ingredients, you may get confused by the labeling. An example would be that my partner says "bataka" (potato) but in the book it's labeled "betata". On the whole, I really enjoy the recipes that I've made and will be trying others. I'm a little hesitant based on some of the omissions noted above, but when the recipe comes out, it's well worth the effort. Consider it a learning process :-)

0 of 0 people found the following review helpful. Two Stars
By Customer
It is a waste of money. Recipes are very basic.
The Complete Gujarati Cook Book

Gujaratis have perhaps truly perfected the art of vegetarian cooking! Using a little integrity, they have succeeded in transforming the simplest ingredients into mouth watering delicacies. Gujarati cuisine is a subtle blend of flavours and textures. All the three main regions of Gujarat have their own unique culinary styles. A Gujarati meal served in a thali is an experience by itself. Beginning with cumin spiked buttermilk, followed by fluffy rotis, accompanied by a variety of lentils (kathols), vegetables, curds, pickles, mithais and farsans finished with rice or khichdi. Apart from pampering the palate, it is also a well balanced meal. Most Gujarati recipes were traditionally handed down from mother to daughter and a very few attempts were made to document them. In the process much has been lost . at the same time as a result of improvisations made by each generation to suit their changing tastes and also to adopt to their lifestyles, there have also been many gains. This book is an attempt to document the classic recipes so that it can help both the inexperienced beginner as well as the connoisseur.

About the Author
Mrs. Tarla Dalal is India's best - selling cookery author since over 2 decades. She has written a total of 100 titles, several of which have been translated in various languages like Hindi, Gujarati, Marathi, Bengali and even Dutch and Russian! The total sales of her cookery books exceed 3 million copies. Her first book *The Pleasures of Vegetarian Cooking*, which was published in 1974, was an instant success with Indian housewives. The book, which is considered a classic in cookery books, has sold a record 1,50,000 copies. Lately there has been a new addition to the list called the **TOTAL HEALTH SERIES**. These are health related cookbooks with recipes and information on various subjects like *The Pregnancy Cookbook*, *Baby and Toddler food*, *Delicious Diabetic Recipes*, *Fast foods made Healthy*, *Healthy Breakfast*, *Healthy Soups and Salads*, *Cooking with 1 Teaspoon of Oil*, *Healthy Soups and Salads*, *Healthy Breakfast and Calcium Rich Recipes* has been her best selling book recently. In addition to writing cookbooks, Mrs. Tarla Dalal also has a major web presence in the form of tarladalal.com, the largest Indian food site.