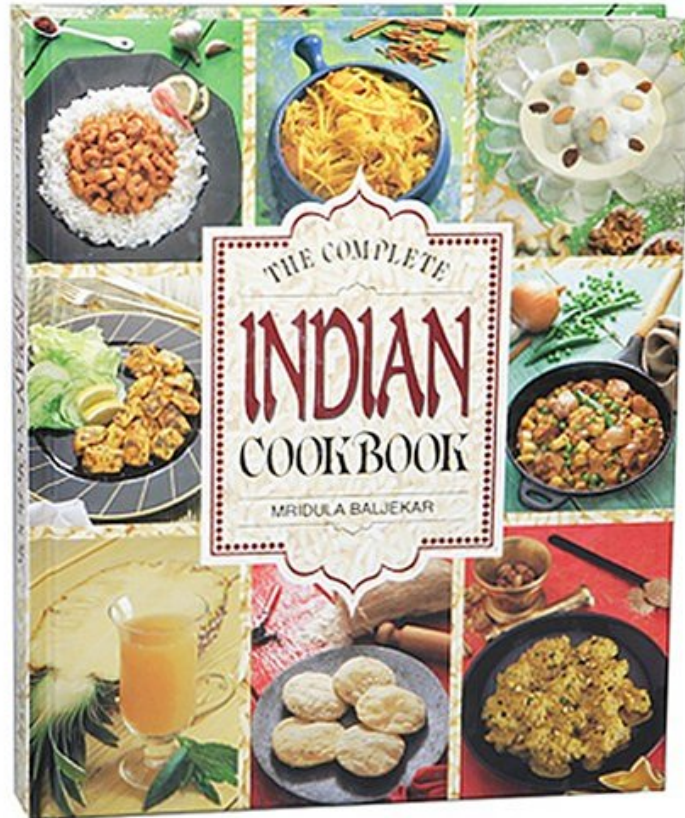


# The Complete Indian Cookbook

*Mridula Baljekar*

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**Mridula Baljekar : The Complete Indian Cookbook** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Complete Indian Cookbook:

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From BooklistThis brightly illustrated, comprehensive guide to Indian cuisine includes all the classic recipes one might expect to find, and then some. A survey of the dishes shows a wide range of standard Indian fare, and Baljekar's descriptions of the remarkably diverse cultural and religious influences enhance the recipes and increase awareness of just how the melding of cultures resulted in the complex flavors that distinguish the spicy curries and other tasty dishes

identified with Indian cooking. Of course, there is a plethora of fried foods, but many more healthful recipes provide a counterpoint and offer dishes to delight vegetarians and meat eaters alike. Alice Joyce