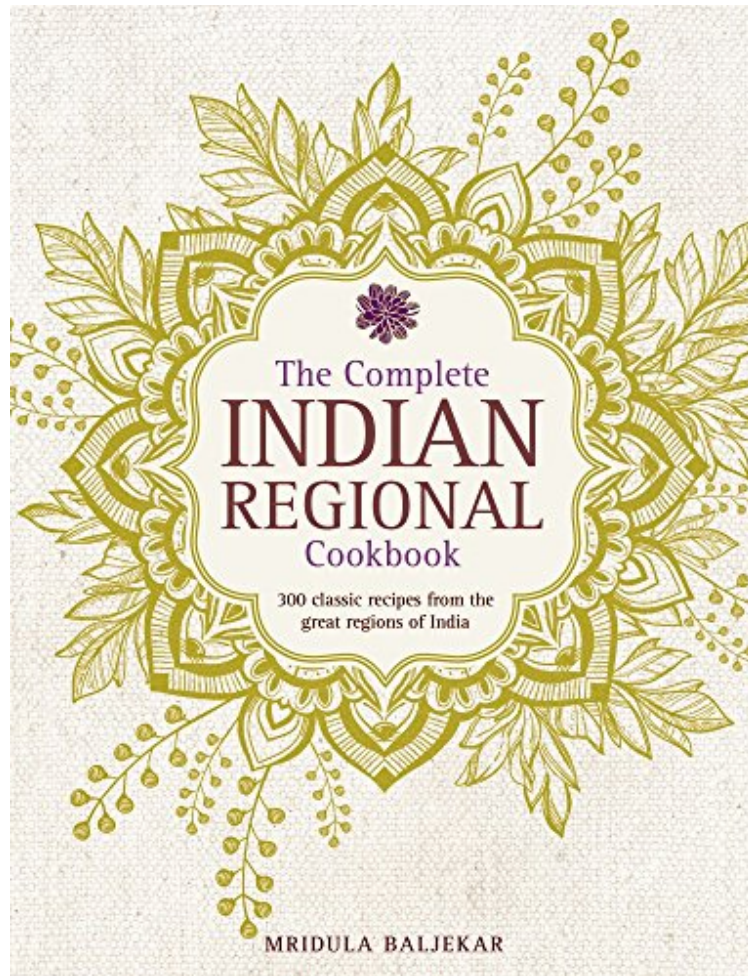


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The Complete Indian Regional Cookbook: 300 Classic Recipes From The Great Regions Of India

Mridula Baljekar

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Mridula Baljekar : The Complete Indian Regional Cookbook: 300 Classic Recipes From The Great Regions Of India before purchasing it in order to gage whether or not it would be worth my time, and all praised The Complete Indian Regional Cookbook: 300 Classic Recipes From The Great Regions Of India:

6 of 7 people found the following review helpful. Excellent and DetailedBy PamelaTI have many Indian cookbooks. And I read them all cover to cover! This is an excellent cookbook that introduces the complex and varied food of India, region by region. The recipes have been simplified slightly avoiding the use of some of the harder to find spices. But it is very authentic. It is wonderful to have recipes grouped region by region. And there are a full range of vegetarian and nonvegetarian dishes, desserts and drinks for each region. The book is rather small which is too bad.

And the typeface is very small. But there are photos for each dish. A great plus in my book! And there are prep photos as well. Each recipe has an English name but the Indian name is included in the short paragraph preceding each recipe. There is a full complement of vegetarian recipes, nonvegetarian recipes, lots and lots of recipes using all the different beans from India, desserts and drinks typical of that region and an extensive rice and bread recipe section for each region. I think that Mridula Baljekar has done an excellent job of introducing the regional cooking of India. The recipes seem to be complete and detailed. The explanations are easy to follow and the photographs are really excellent and make you want to cook those dishes. One thing to be careful about: if you buy this cookbook and you want to buy other cookbooks by her, be careful. She also has a cookbook called "Vegetarian Indian Food and Cooking". I have bought it. I haven't checked every recipe, but every recipe I looked at in the vegetarian cookbook is also found in the regional cookbook. The exact same text, the exact same photos, the exact same tips. But, this vegetarian cookbook has a much larger page size. So the photos and text ARE larger. If you are a vegetarian, I would recommend getting the "Vegetarian Indian Food and Cooking" book. But if you are not a vegetarian, I recommend that you get "The Complete Indian Regional Cookbook" instead. I am keeping both books as I appreciate the larger page size in the vegetarian cookbook. Ha ha ha. But, I know I will enjoy and use this REGIONAL COOKBOOK for many years!! Good job!

16 of 17 people found the following review helpful. Excellent, and OffbeatBy wardtex

There can never be a "complete" Indian regional cookbook, but this comes close. In addition, it's got the finest collection of Indian flatbreads I've ever seen, really obscure recipes that fit in well with the dishes they're paired with. Minus points for almost illegibly small type, plus points for pictures of many of the procedures along the way to completion of a dish. You need a basic Indian cookbook to supplement this, but I'm glad I got this one.

From Punjabi tandoori dishes to Goan coconut fish curries, updated edition of the award-winning book.

About the Author Mridula Baljekar is the best-selling author of many Indian cookbooks. She has appeared as a guest chef on Channel 4, BBC2, UKTV Food and Sky One, has her own product range of award-winning chutneys, and has set up Mridula's Cookery School.