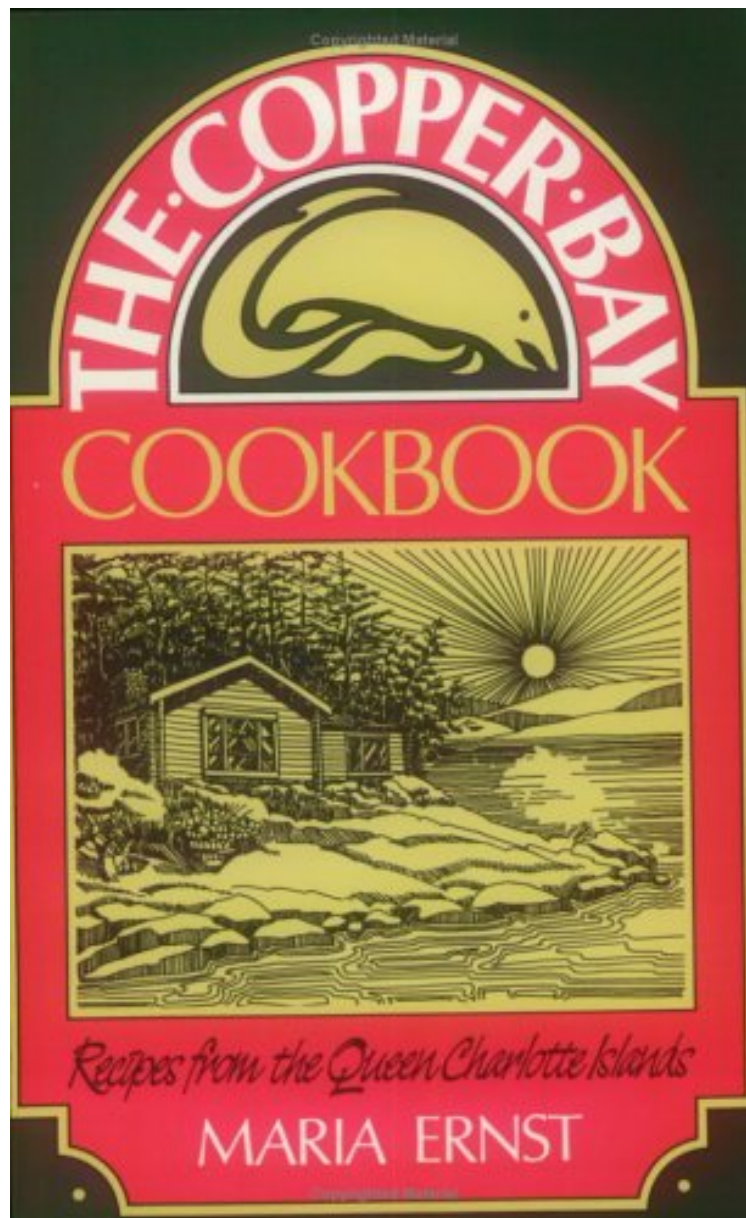


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The Copper Bay Cookbook: Recipes from the Queen Charlotte Islands

Maria Ernst

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Maria Ernst : The Copper Bay Cookbook: Recipes from the Queen Charlotte Islands before purchasing it in order to gage whether or not it would be worth my time, and all praised The Copper Bay Cookbook: Recipes from the

Queen Charlotte Islands:

In this book, the author shares 120 of her recipes, developed exclusively for her guests at the Copper Bay Lodge in the Queen Charlotte Islands. Owned and operated by Maria and her husband Walter, the lodge is tucked away on beautiful Moresby Island and each year entertains visitors from all over the world, as well as local travellers. Maria has spent more than twenty years developing her unique cooking style - an irresistible combination of her rich European culinary heritage and the fresh fish, game and produce that thrive on BC's rugged west coast. There are recipes for all courses, from Smoked Steelhead Canapés to Rabbit Casserole to Copper Bay Coleslaw to Linzertorte. Special tips and island anecdotes abound.

About the Author Maria Ernst and her husband Walter moved to the Queen Charlotte Islands to build and operate The Copper Bay Lodge (near Sandspit Moresby Island, BC). In the thirty years since then, Maria has become an expert cook, serving delectable homemade meals to satisfy a wide variety of palates - local fishermen, visitors from eastern Europe, even a U.S. president and his wife. She is the mother of two daughters and she has two grandchildren.