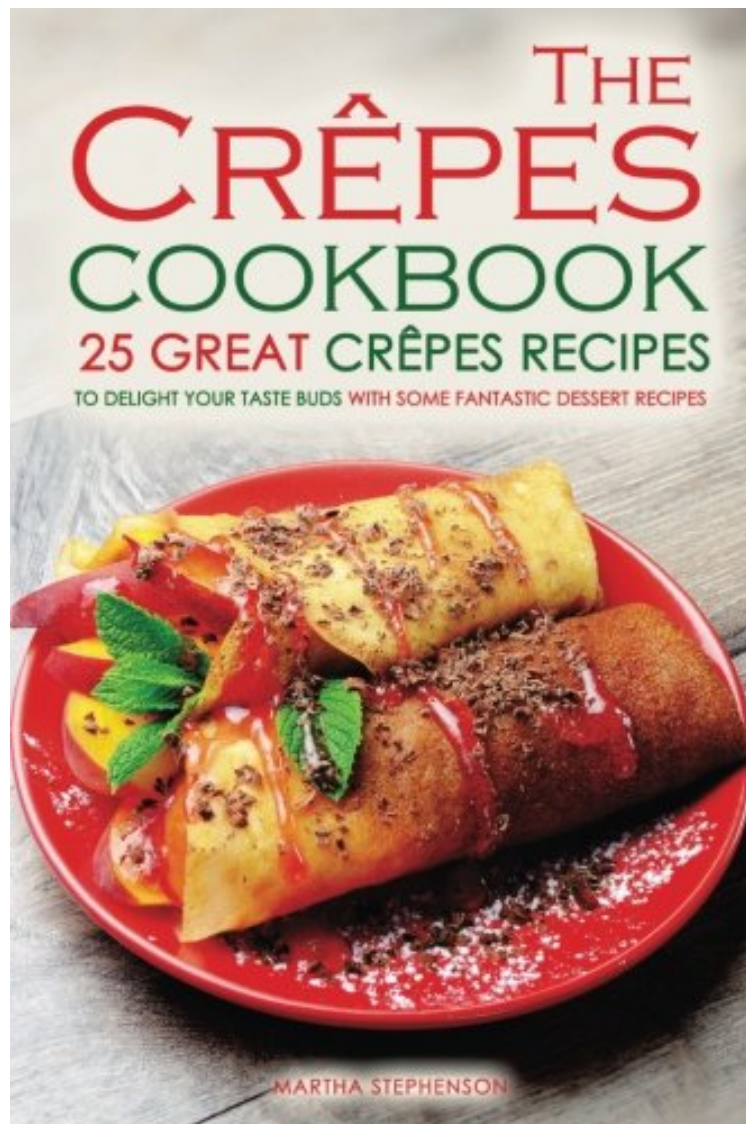


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Recipes:

The story of crepes goes back to the period of the Pope Gelasius the First who in the end of the Romans Empire comforted weary pilgrims with something called pancakes or crepes. The dish served those days was also made of flour, water and eggs. This old Catholic tradition reached our days and is called "Candlemas"; marked on the 2nd of February - the date when the child Jesus was presenting to the temple, exactly 40 days from his birth. It also was symbolizing the end of the winter hardship and the spring prosperity and promise, putting the odds on its side of wealth. For the peasant world, the 2nd of February is valued since it is the end of winter and the return to agricultural work. The blessed candles were therefore kept by the believer peasants to rekindle them in order to protect future high harvests. Over time, the pancakes also became a testimony of allegiance farmers to their lords and were offered each year. As it is the case for many ancestral holidays there is a reigns around the 2nd of February, an atmosphere of superstition. Still to the present days many people continue to blow their first pancake with the right hand, and a gold coin in their left hand. Others through the first pancake over the cabinet, a tradition that we inherited from ancestors who at that times were so full of different superstitions and predictions. But me, and I am more than sure you as well, will leave all that mystery ad superstition and just go back to our childhood to discover or re-discover this fantastic taste we had when our mum, aunty or grandmother were pleasing us making the crepes for us with variety of fillings using all their imagination. So get this great Crepes Cookbook and bring back great memories of your childhood. Bonne Crepes!!!