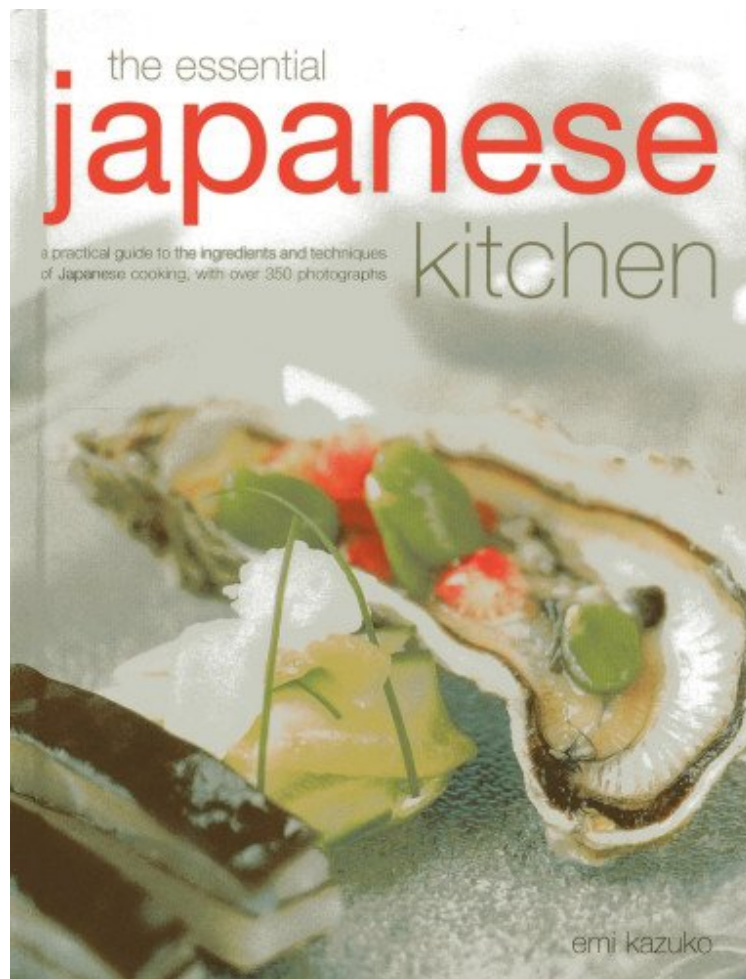


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## The Essential Japanese Kitchen: A practical guide to the ingredients and techniques of Japanese cooking, with over 350 photographs

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A reference guide for those who are serious about learning the art of Japanese cooking; an exploration of the origins,

traditions and philosophy that influence Japanese food preparation with guidance on the ingredients, specialist equipment and culinary techniques, including the tea ceremony.

About the Author Emi Kazuko is a leading food writer and journalist, who writes in both Japanese and English and is trained in the tea ceremony. She has written numerous books and has also contributed articles to magazines such as the Eyewitness Travel Guide to Japan, and has taken part in international radio broadcasts for the BBC.