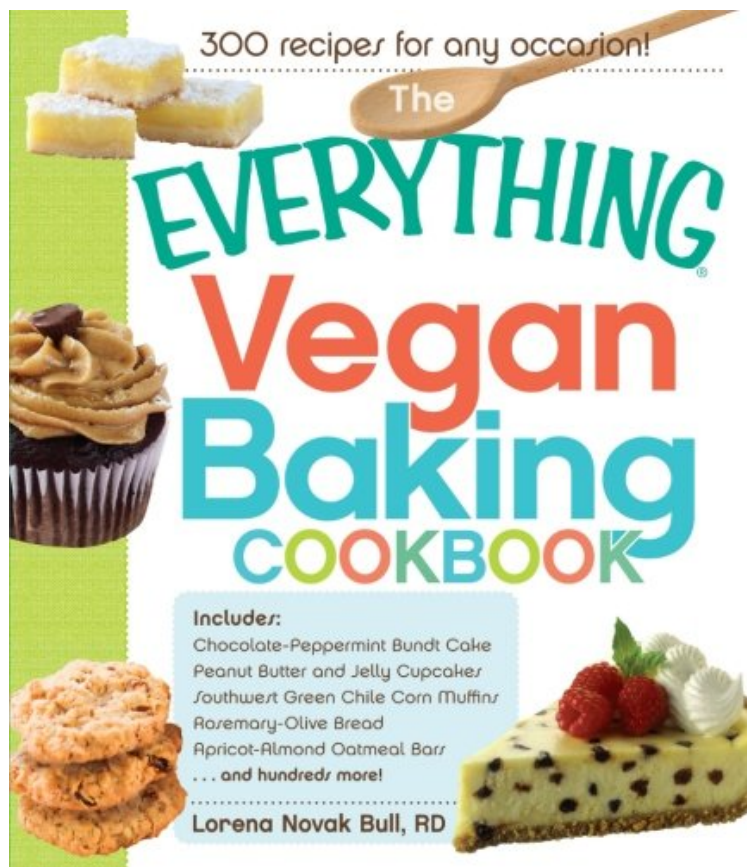


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About the AuthorLorena Novak Bull, RD, is a graduate of the Nutrition and Dietetics program at Loma Linda University. She has spent the last fifteen years working as a registered dietitian in public health, and has more than twenty-five years of experience with vegetarian, vegan, and raw vegan lifestyles. As a registered dietitian, she has counseled vegetarians, vegans, and raw vegans alike. As a member of the vegan lifestyle-promoting nonprofit organization EarthSave, Novak Bull gives nutrition presentations and vegan cooking demonstrations for her local chapter, and has also given vegan and raw vegan presentations in her community.