

[Read now] The Farmers' Market Family Cookbook: A Collection of Recipes for Local and Seasonal Produce

The Farmers' Market Family Cookbook: A Collection of Recipes for Local and Seasonal Produce

The Murdoch Books Test Kitchen
ePub | *DOC | audiobook | ebooks | Download PDF



#7791588 in Books 2012-06-01 Original language: English PDF # 1 10.00 x 1.10 x 8.00l, 2.20 #File Name: 1742663400256 pages | File size: 47.Mb

The Murdoch Books Test Kitchen : The Farmers' Market Family Cookbook: A Collection of Recipes for Local and Seasonal Produce before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Farmers' Market Family Cookbook: A Collection of Recipes for Local and Seasonal Produce:

Everyone loves going to the farmers' market and it's a good feeling to know that we're supporting our local growers and making a contribution to sustainability. We like the idea of cooking with the seasons and we want our children to learn that cooking good food from raw ingredients is fun and easy, as well as a worthwhile and healthful thing to do. This book takes the ingredients that we bring home from the market and shows ways to use them, from the

breakfast special muesli to the lunchtime omelette, from the homemade salad dressing to the afternoon cookie, from the dinnertime chicken casserole to the seasonal fruit dessert. A selection of recipes have been chosen as especially suitable for small children to make, or help to make. Also included are feature panels on growing your own produce, whether it be a simple herb pot on the windowsill or a backyard veggie patch. Buying wisely and cooking well are truly an investment for life.