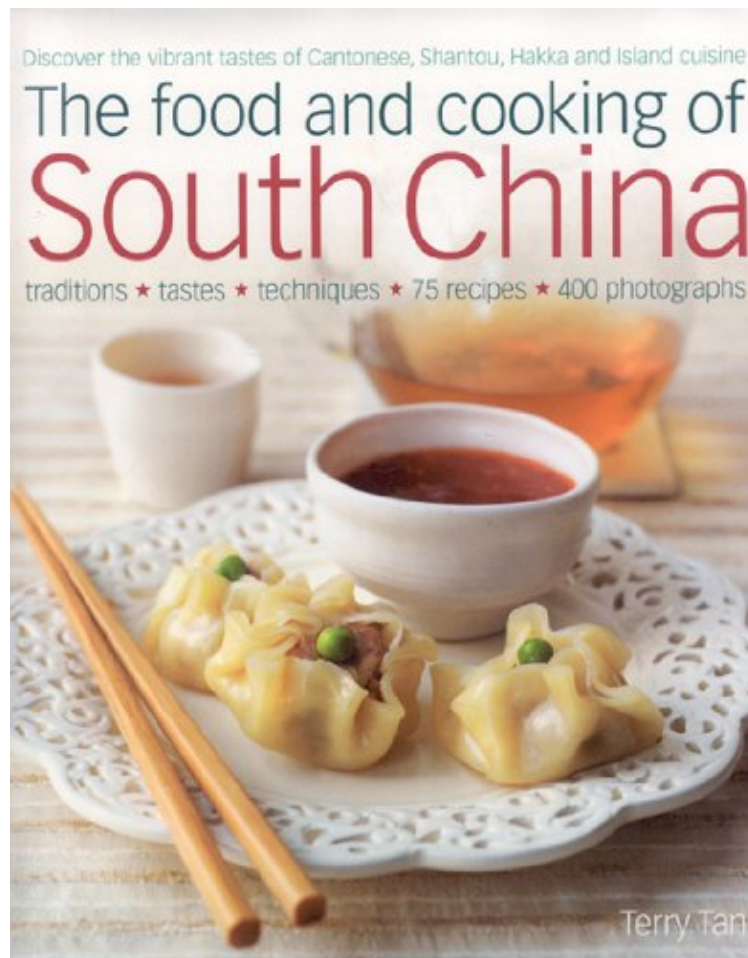


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## The Food and Cooking of South China: Discover the vibrant flavors of Cantonese, Shantou, Hakka and Island cuisine

*Terry Tan*

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**Terry Tan : The Food and Cooking of South China: Discover the vibrant flavors of Cantonese, Shantou, Hakka and Island cuisine** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Food and Cooking of South China: Discover the vibrant flavors of Cantonese, Shantou, Hakka and Island cuisine:

8 of 11 people found the following review helpful. Not highly recommendedBy C. J. ThompsonI have a huge collection of Chinese cookery books and, nowadays, I try to limit my purchases to books that focus on some particular region or aspect of the cuisine as a whole. I was rather hoping that this book might provide a good look at 'southern Chinese cuisine' (even given the limited definition adopted by this author)but, unfortunately, I was ultimately disappointed. I did, almost, give this book two stars rather than three, but I relented only due the fact that it actually a provides a good number of decent pictures for each recipe. Usually, I subtract stars in the absence of this particular

quality, so I have to give credit where credit is due. My real criticism, however, is that, despite a 'nice' presentation, there is little substance. The recipes provided are nothing special and there is nothing to interest anyone looking for a good overview of the various ethnic culinary traditions in southern China. The book may be okay for beginners but will have little interest for aficionados.

In this stunning new book, Terry Tan traces the history and development of both the people and the cuisines of south China. Starting with an in-depth look at the geography, climate and history, he goes on to explore the regional cuisines, festivals and celebrations that distinguish towns within the provinces, and provides an expert guide to the most common ingredients, tools and techniques used to create the array of fabulous dishes on offer. There then follows a wonderful collection of 75 recipes that evoke the tastes and textures of traditional southern Chinese cooking.

About the Author Martin Brigdale is a well-known British photographer specializing in food. He has photographed many cookbooks in England and the United States, including *Foods of Greece*, *The Mediterranean Pantry*, *Michel Roux Desserts*, and *French Country Cooking*. He is an enthusiastic home cook and loves to travel.