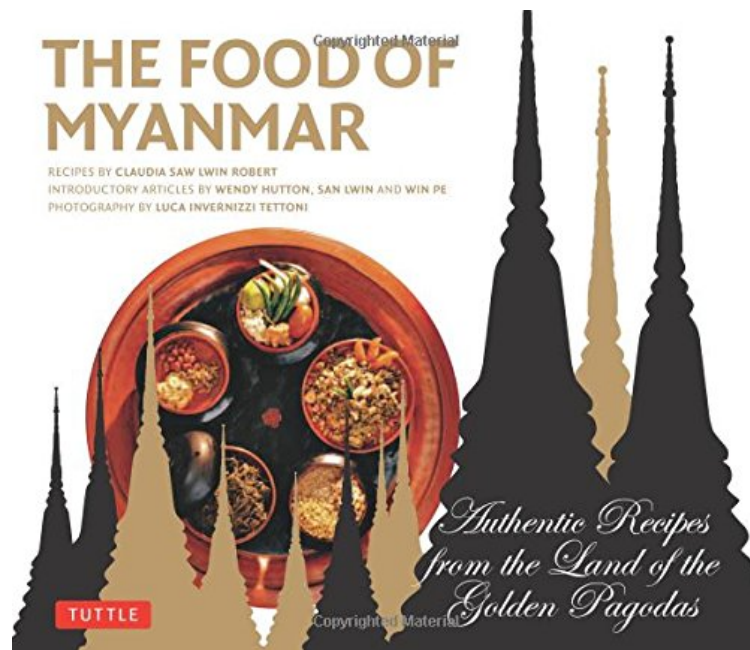


The Food of Myanmar: Authentic Recipes from the Land of the Golden Pagodas

Claudia Saw Lwin Robert, Win Pe, Wendy Hutton
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Claudia Saw Lwin Robert, Win Pe, Wendy Hutton : The Food of Myanmar: Authentic Recipes from the Land of the Golden Pagodas before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Food of Myanmar: Authentic Recipes from the Land of the Golden Pagodas:

0 of 0 people found the following review helpful. It delighted the recipient By Christopher S. Gave it as a gift. It delighted the recipient. That was the goal. Good enough. 0 of 0 people found the following review helpful. Five Stars By Customer Having just returned from Myanmar we're very pleased. 0 of 0 people found the following review helpful. Five Stars By Karen Traditional recipes faithful to Eastern tastes

Myanmar, or Burma as it was previously known, is a land of golden pagodas, mighty rivers and generous deltas. While the beauty of its countryside has long been famous, Myanmar's cuisine has been something of a secret up until now. Myanmar has over 130 ethnic groups and has been called a meeting point for peoples around Asia. This diversity is reflected in the various types of foods that are eaten around the country. This unique Burmese cookbook featuring over 60 recipes, collected from all over the country, reveals the treasures of Burmese cooking. Discover a cuisine that is unique yet acknowledges the culinary traditions of its great neighbors: China and India. Stunning photography coupled with detailed information on ingredients, as well as fascinating insights into the culture of this enigmatic land, make The Food of Myanmar the perfect companion for your adventure into Burmese cuisine. Learn to create such national favorites as: Rice Noodles in Fish Soup Tangy Kaffir Lime Salad Hearty Pork Balls Cooked in Sweet Soya Bean Sauce Sesame-topped Semolina Cake with Coconut Floating Rice Dumplings

About the Author The recipes in this book are by Claudia Saw Lwin Robert and were prepared by the chefs of the Hotel Nikko Royal Lake Yangon. Luca Invernizzi Tettoni has lived and worked in Asia since 1973. He specialized in books on various aspects of Asian culture, history and geography, and is well-known for his photographs in *The Tropical House* and *Decorating with Flowers*.