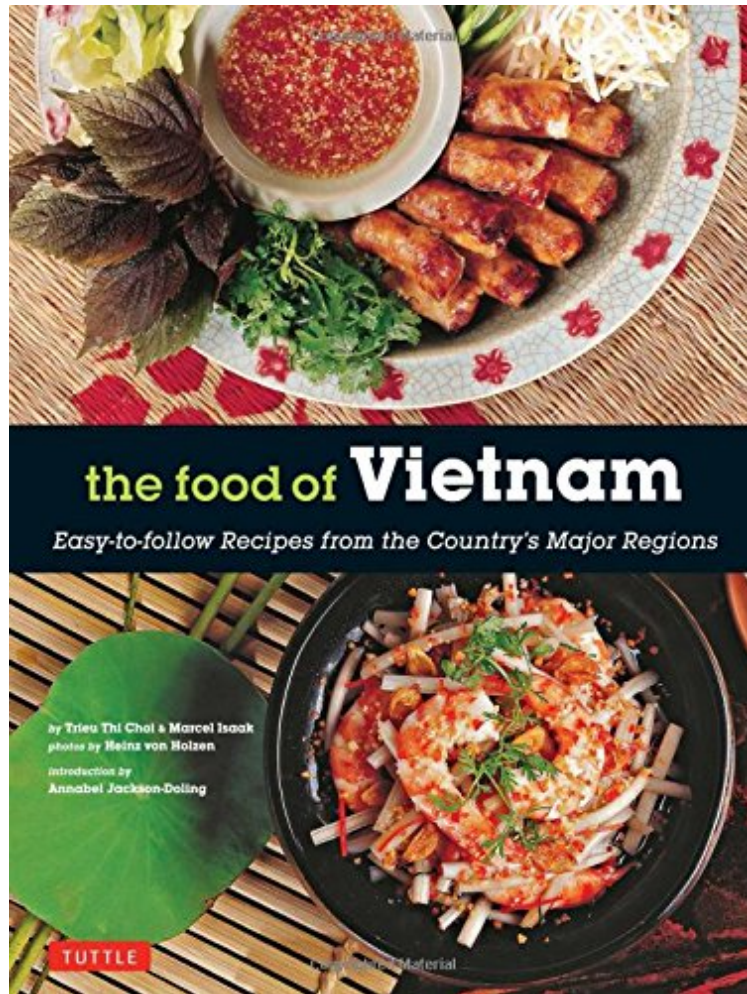


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The Food of Vietnam: Easy-to-Follow Recipes from the Country's Major Regions [Vietnamese Cookbook with Over 80 Recipes]

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Trieu Thi Choi, Marcel Isaak : The Food of Vietnam: Easy-to-Follow Recipes from the Country's Major Regions [Vietnamese Cookbook with Over 80 Recipes] before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Food of Vietnam: Easy-to-Follow Recipes from the Country's Major Regions [Vietnamese Cookbook with Over 80 Recipes]:

Learn all about Vietnamese cuisine and enjoy over 80 authentic recipes with this beautifully illustrated Vietnamese

cookbook. Vietnamese food is fast emerging as one of the most popular of all Asian cuisines. Its emphasis on fresh herbs, raw vegetables and light seasonings makes it ideal for the health-conscious cook. This lavishly illustrated book of recipes, gathered and photographed in Vietnam, examines the historical and regional influences that have shaped the cuisine and presents a selection of classic dishes. The 84 easy-to-follow Vietnamese recipes present a diverse range of dishes from the country's major regions—;from Hanoi and the cooler north, to Saigon, the Mekong Delta, and all the points in between. Detailed information on Vietnamese ingredients and cooking techniques make *The Food of Vietnam* the perfect guide for anyone interested in the cuisine of this vibrant and bountiful country, where food is a daily celebration of life. Vietnamese recipes include: Pork Rice Paper Rolls Lotus Stem Salad with Shrimp Clam Soup with Starfruit and Herbs Fried Tofu with Lemongrass and Five Spice Crabs with Tamarind Sauce Braised Duck with Ginger Pork Stewed in Coconut Juice Slush Ice Lychee in Coconut Milk

"If you want to get to know a country and its people, get to know their food." —;The Bloomsbury About the Author Recipes in this book were provided by Trieu Thi Choi, one of Vietnam's leading food authorities, prepared by the chefs of The Saigon Floating Hotel, in Ho Chi Minh City, and coordinated by Marcel Isaak. Photographer Heinz von Holzen, originally from Switzerland, is a professional chef by training who has lived and worked in Indonesia since 1990.