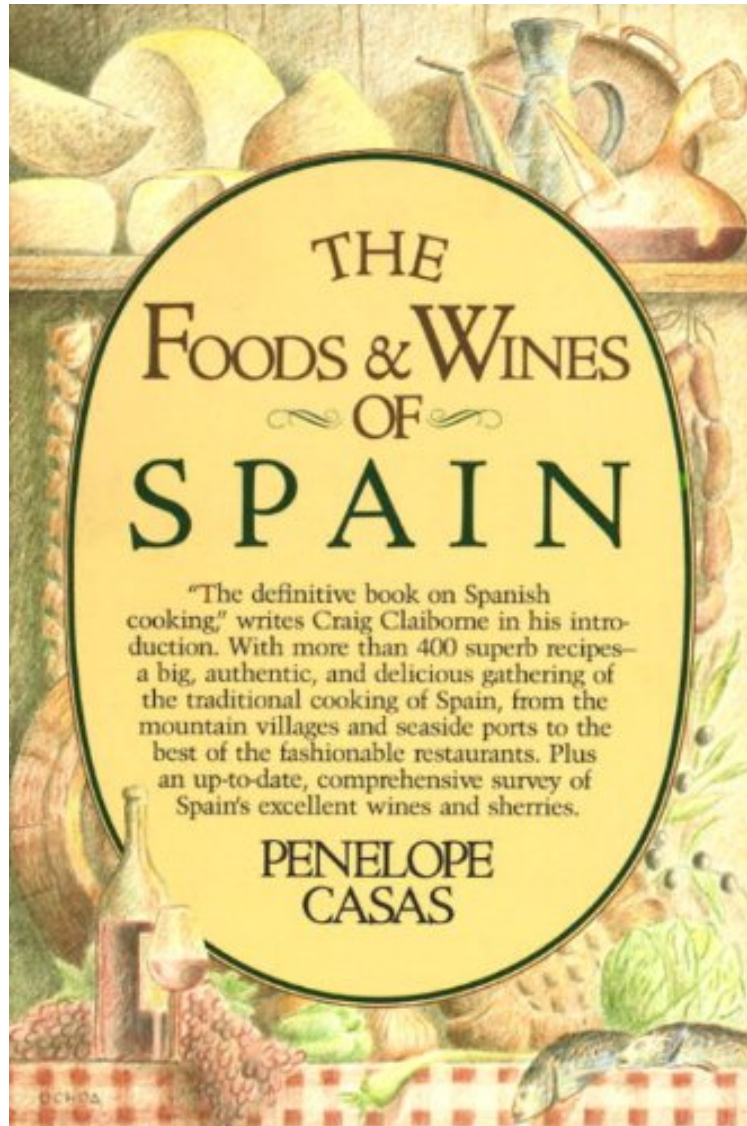


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## The Foods and Wines of Spain

*Penelope Casas*

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**Penelope Casas : The Foods and Wines of Spain** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Foods and Wines of Spain:

This classic cookbook brings more than 400 of the traditional foods of Spain—;with their extraordinary range of flavors—;into the home kitchen. To search out the finest Spanish recipes, Penelope Casas traveled over 25,000 miles, crisscrossing the country. Region by region, she found local cooks and discovered their secrets, often putting to

paper recipes that had never before been set down. In *The Foods and Wines of Spain*, she brings us savory meat and fish pies from the Celtic lands of Galicia; a legendary bean dish from the coastal mountains of Asturias; the renowned romesco sauce of ground almonds and dried sweet peppers from Catalonia; paellas from the rice paddies of Valencia; simple but exquisite fish dishes from Andalusia; breads from the wheat fields of Castilla; honey-drenched pastries from Extremadura; and much more.