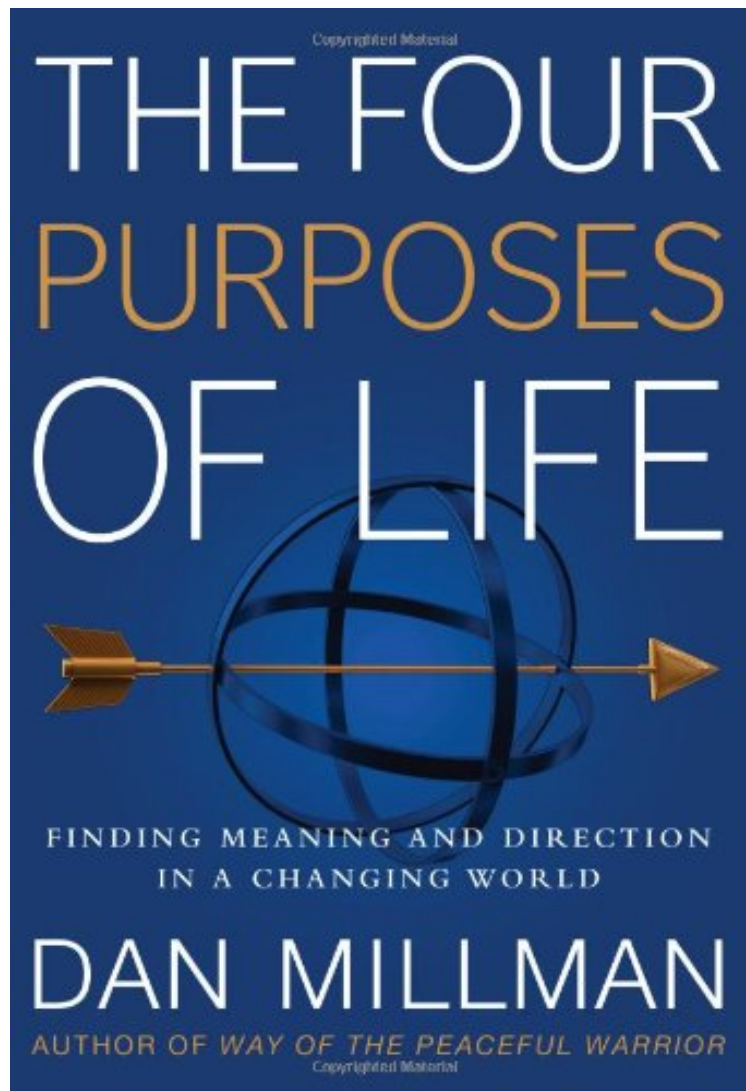


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The Four Purposes of Life: Finding Meaning and Direction in a Changing World

Dan Millman

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Dan Millman : The Four Purposes of Life: Finding Meaning and Direction in a Changing World before purchasing it in order to gage whether or not it would be worth my time, and all praised The Four Purposes of Life: Finding Meaning and Direction in a Changing World:

5 of 5 people found the following review helpful. Transcending the daily grindBy Carmen FashehAlthough I have had Millman's No Ordinary Moments book in my house for 20 years, I notice now that it gathered dust after reading a chapter or two. Why did I suddenly delve into buying more of his books if I didn't finish the first? As one reviewer

said, when the student is ready, the teacher will come, or sometimes saying as that. Perhaps I wasn't ready or was distracted by life which this little, fast read is all about. Other reviewers have done a collective synopsis of the book and all I can say is, if you don't have time to read all his other books through because life gets in the way, at least get this one which you won't be able to put down. One statement he made and expanded on was the same statement I used when living through times of seeming disgruntlement with my job: make every moment count. Now with disgruntlements of retirement, I am reminded of that statement from this book and these words and others are even more important today for me. They can become mantras for daily living, plus they pave the way to transcend the daily grind outward to the big picture and then back again to the reality of now. Happy reading!

2 of 2 people found the following review helpful. Another Excellent Millman POV
 By GPC Love Dan's books, and way of life. I started my journey over 20 years ago w/ Way of the Peaceful Warrior got me heading in the right direction (for me). I have given out many copies as gifts along the way. Almost done with the "4 Purposes of Life". Clear and poignant reading. Thanks Dan !

11 of 11 people found the following review helpful. Evolving approaches within a changing world
 By Suyash Prasad, Pediatrician I read 'The Four Purposes of Life,' with some considerable interest. The book outlines key domains of our lives. The first outlines the necessity and value of learning the lessons life has to teach us in order to advance further in our own development and success. The second helps us understand the difference between career and calling, and appreciating the need to devote time and energy to both. The third purpose distills material from a previous book, the 'Life You Were Born to Live' - an eye opening system of self-understanding, marrying the esoteric, with an empirical approach, calling for open-mindedness and an appreciation of both. The fourth and final purpose discusses the value of living in the moment, including specific guidance and practical examples. Those familiar with Dan Millman's books and teachings will recognize some of the ideas discussed in The Four Purposes. But this new book helps us see some earlier concepts from a different perspective. Times are changing with increasing rapidity, in terms of IT and communications technology, modern challenges in health and well-being, an evolving economy, lifestyles, and general attitudes, amongst others. In response, Dan offers wisdom; familiar, timeless and fully applicable to our changing world. I found the book extremely concise. Every page has several valuable pieces of information. In addition, if you have seen Dan Millman speak (something I would strongly encourage you to experience), you would know that he has many useful, often humorous stories that illustrate the concepts he presents here. There are some examples in 'The Four Purposes of Life' but I would have perhaps liked to have seen more examples from his many years of teaching and coaching. For some, this book may be a useful tool, for others it may be transformative - an excellent and enjoyable book, which I can wholeheartedly recommend.

The Four Purposes of Life was born from Dan Millman's decades-long search to make sense of life. He distills decades of experience into a concise map of the journey -- the full scope of what we're each here to accomplish here on planet Earth. It puts together, for the first time, essential elements from the "peaceful warrior teachings" in their full and proper context --- providing a burst of clarity to bring our lives into sharper focus. This backstage tour of life begins with the proposition that we are here to fulfill (not one but) four purposes: Learning Life's Lessons Finding Your Career and Calling Fulfilling Your Hidden Life Path Attending to This Arising Moment A few highlights include: the higher purpose of daily life twelve required lessons in the school of life how to make better decisions in career and relationships the qualities of leadership no matter who you are a mysterious system to clarifying your hidden calling keys to mastering the most important purpose of all Prepare for a quantum leap in self-knowledge, insight, and wisdom to light your way, expand your awareness, and improve the quality of your life. The seeds planted by this remarkable book will bear fruit for years to come.

“Once again, Dan Millman provides us with keys to a well-lived life. This is a lovely read, filled with meaningful insight.” — Marianne Williamson, author of *A Return to Love* “A wonderful book with extremely helpful practices for finding one’s authentic purpose. Highly recommended!” — Ken Wilber, author of *The Integral Vision* “Dan’s new book offers concise and practical guidance for living a meaningful life with a clear sense of purpose.” — Deepak Chopra, author of *The Soul of Leadership* “Leave it to Dan Millman to come up with a way of making purposeful decisions and helping us see deeply into the center of each moment... a graceful and wise book.” — Elizabeth Lesser, cofounder of Omega Institute and author of *Broken Open* “A refreshingly practical yet profound approach to living your sacred calling.” — Peter Russell, author of *From Science to God* “Dan Millman reminds us of the power of our essential humanity, how to touch it and use it to make this a better world.” — Thom Hartmann, author of *The Last Hours of Ancient Sunlight* “This book skillfully delivers on its promise of bringing renewed meaning and purpose — for anyone seeking clear directions at one of life’s crossroads.” — Ken Dychtwald, author of *A New Purpose* “During one of the darkest periods of my life, Dan’s writing in *Way of the Peaceful Warrior* extended a hand to me and helped pull me into the light. Dan is the personification of ‘love, laugh, live, and give,’ as you will see in his new book, *The Four Purposes of Life*. In this book, he does it again as only he can.” — Quincy Jones “Dan Millman, a great teacher, shares important rules to help people everywhere improve their lives, find their passion, do what they love, and live with

inspiration.rdash; Don Miguel Ruiz, author of The Four Agreements