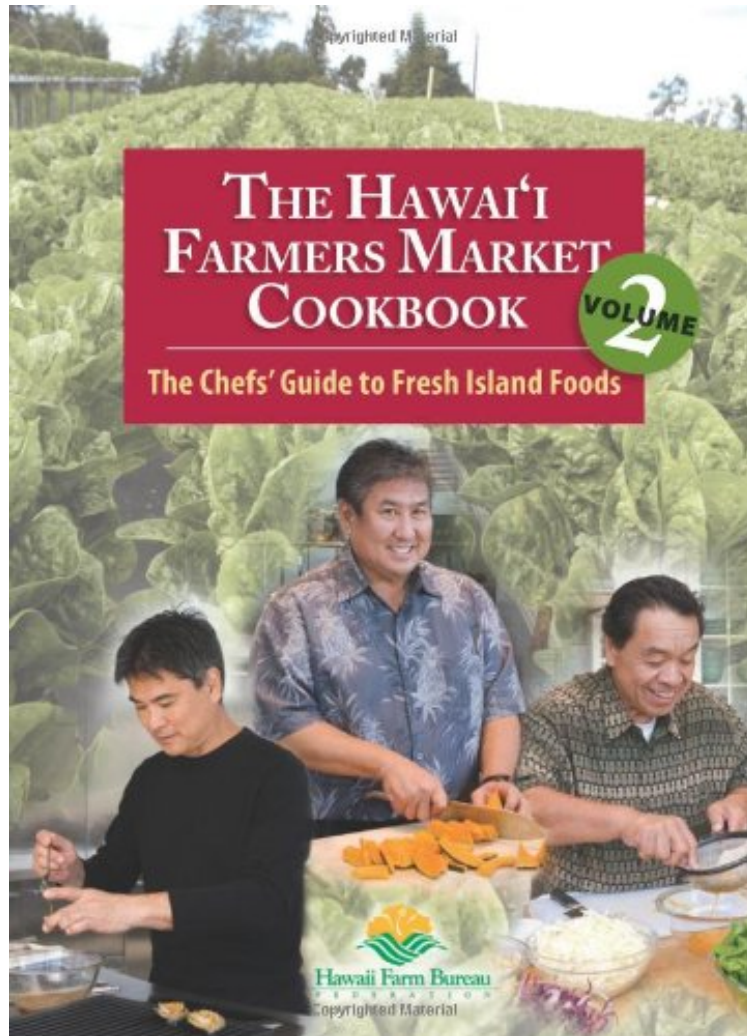


The Hawaii Farmers Market Cookbook - Vol. 2: The Chefs' Guide to Fresh Island Foods

Hawaii Farm Bureau Federation

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Hawaii Farm Bureau Federation : The Hawaii Farmers Market Cookbook - Vol. 2: The Chefs' Guide to Fresh Island Foods before purchasing it in order to gage whether or not it would be worth my time, and all praised The Hawaii Farmers Market Cookbook - Vol. 2: The Chefs' Guide to Fresh Island Foods:

1 of 1 people found the following review helpful. Vol 2: The Chefs' Guide to Fresh Island FoodsBy K. BabbThis little spiral-bound cookbook is from the Hawaii Farm Bureau Federation and includes recipes from local chefs across the Islands. My favorite recipe is called Hamakua Mushroom Stew (page 13) created by Kevin Chong, a Honolulu chef, and uses 3 types of mushrooms grown on the Hamakua coast of the Big Island. It is just the most delicious mushroom

recipe I have ever tasted and it is possible to substitute other mushrooms if the local kind are not available. The introduction includes a listing of various Farmers Markets on the Islands, with their address and times open, as well as tips on shopping at a farmers market. This is a very useful book and I love having the variety of chef recipes to choose from.

Cooking Fresh With Island Chefs! No one knows homegrown food products better than Hawai'i's celebrity chefs. Now Sam Choy, Alan Wong, Roy Yamaguchi and 15 others share their secrets for cooking with fresh Island foods. This companion volume to the original Hawai'i Farmers Market Cookbook contains more than 75 great recipes by Island culinary stars, including their cooking tips and advice on ingredient use. Cookbook editor Joan Namkoong instituted a key rule for the chefs, making these recipes home cook-friendly: no more than five ingredients, plus cooking oil, salt, pepper and the assigned featured food items.

About the Author The Hawaii Farm Bureau Federation (HFBF) was organized in 1948 by a group of Windward Oahu farmers. Formally incorporated in 1950, HFBF today consists of 1,600 member families in 10 county chapters throughout the state of Hawaii. HFBF is a not-for-profit organization dedicated to analyzing the problems affecting farming families and formulating action to ensure the future of agriculture and promoting the well-being of farming and the State's economy. Editor Joan Namkoong is a foodie and freelance food writer based on Hawai'i Island and co-editor of The Hawai'i Farmers Market Cookbook—Volume 1. The full-color photographs throughout the book are the work of food photographer and Kapi'olani Community College chef-instructor Adriana Torres Chong.