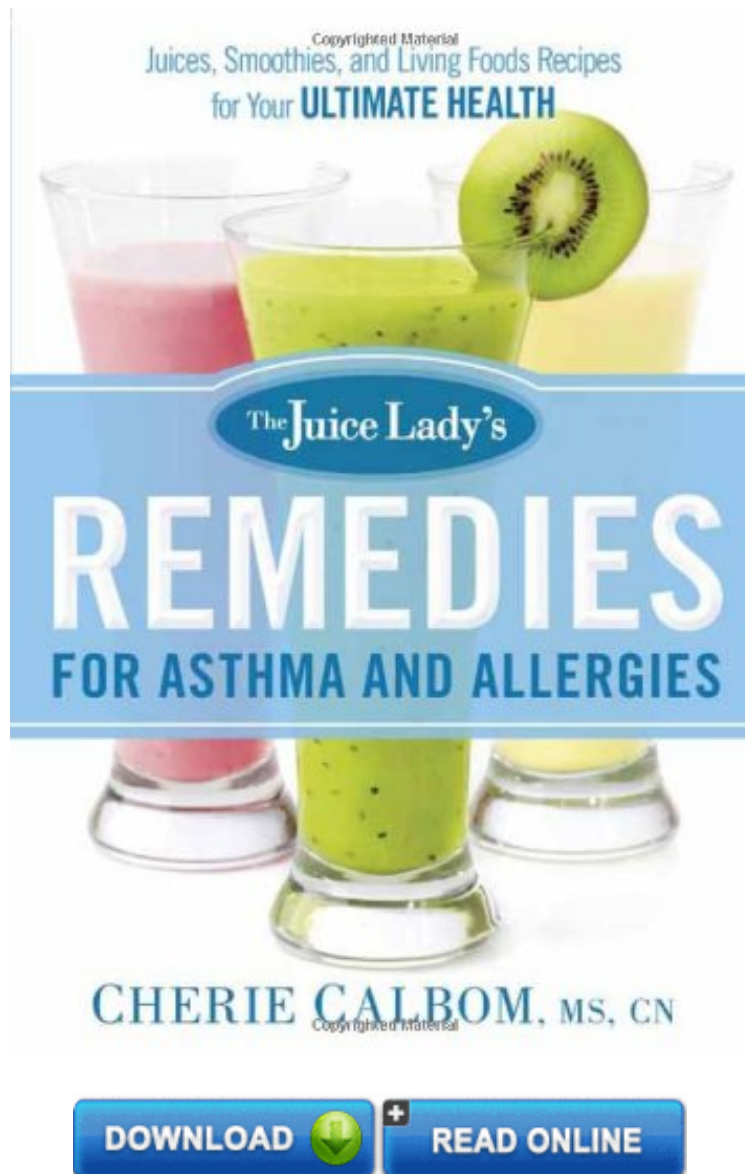


(Library ebook) The Juice Lady's Remedies for Asthma and Allergies: Delicious Smoothies and Raw-Food Recipes for Your Ultimate Health

The Juice Lady's Remedies for Asthma and Allergies: Delicious Smoothies and Raw-Food Recipes for Your Ultimate Health

Cherie Calbom

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• Experience more energy and a higher level of wellness
Discover a way of eating that will help you feel and look alive and vibrant each and every day of your life. A healthier life truly does await you!

About the AuthorCherie Calbom, MS, is the author of The Juice Lady's Turbo Diet, The Juice Lady's Living Foods Revolution, and Juicing for Life, which has nearly two million books in print in the United States. Known as "The Juice Lady" for her work with juicing and health, Cherie has taped HealthWatch for CNN and has appeared in Shape, First for Women, Women's World, Men's Journal, Vogue, Quick Simple, Marie Claire, and Elle Canada. Cherie earned a master's degree in nutrition from Bastyr University, where she now serves on the Board of Regents, and has practiced as a clinical nutritionist at St. Luke Medical Center in Bellevue, Washington.