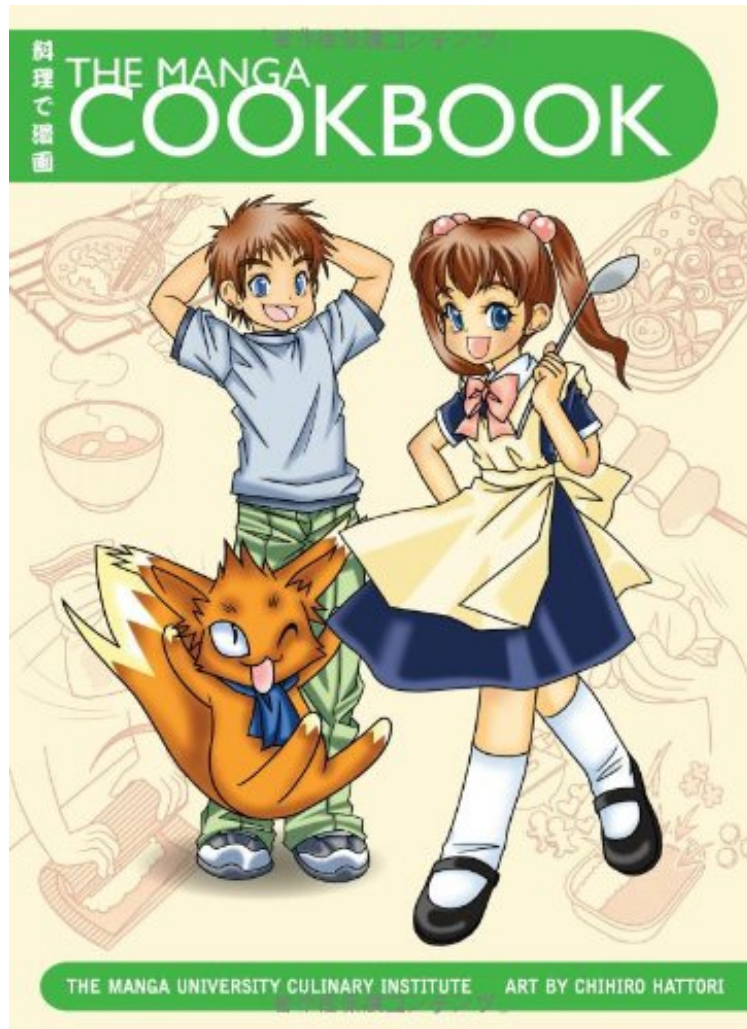


(Free and download) The Manga Cookbook: Japanese Bento Boxes, Main Dishes and More!

The Manga Cookbook: Japanese Bento Boxes, Main Dishes and More!

The Manga University Culinary Institute, Chihiro Hattori
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The Manga University Culinary Institute, Chihiro Hattori : The Manga Cookbook: Japanese Bento Boxes, Main Dishes and More! before purchasing it in order to gage whether or not it would be worth my time, and all praised The Manga Cookbook: Japanese Bento Boxes, Main Dishes and More!:

5 of 5 people found the following review helpful. Awesome Bento cookbook, great recipes, wonderful info for beginners!!!By BookwyrnThis book as an incredible amount of good info for beginners! Love it!! So glad my daughter chose it, because I never would have guessed a "Manga" cookbook would refer to awesome Bento!I bought several Bento items for my daughter for Christmas, including Totoro-themed Bento Boxes, sauce containers, bento

bags, recipe books, etc.. She's having a lot of fun creating lunches for her Bento box. And her dad is also reaping the benefit. :) I'll share all the items we bought as we launched wholesale into the Bento adventure. We've cooked many interesting meals - no misses yet! And everyone's had fun with their Bento boxes. Even my husband is enjoying his, which was a surprise. Since we were starting Bento from scratch, we bought some Bento cookbooks, even though we have some Japanese cookbooks already: The Just Bento Cookbook: Everyday Lunches To Go http://smile..com/gp/product/1568363931?psc=1&redirect=true&ref_oh_aui_search_detailpage Yummy Kawaii Bento: Preparing Adorable Meals for Adorable Kids http://smile..com/gp/product/1634504240?psc=1&redirect=true&ref_oh_aui_search_detailpage Effortless Bento: 300 Japanese Box Lunch Recipes http://smile..com/gp/product/1939130379?psc=1&redirect=true&ref_oh_aui_search_detailpage The Manga Cookbook http://smile..com/gp/product/4921205078?redirect=true&ref_cm_cr_ryp_prd_ttl_sol_0 and several Bento items to accommodate lunches with and without soup, etc. Her main bento box (she never microwaves it, and she washes it by hand). It came with chopsticks, but she also wanted the Totoro utensil set listed below which fits in her bag nicely with this box. Bento: Studio Ghibli Totoro Design 2-tier Microwavable Bento Lunch Box (Volume: 380ml + 250ml) http://smile..com/gp/product/B006YG0BU8?psc=1&redirect=true&ref_oh_aui_search_detailpage My Neighbor Totoro Stainless Steel Lunch Box LJF3 - great for soups and other items with liquids. Has a folding spoon in the lid, so you can carry just it if you want. http://smile..com/gp/product/B009N6E5TE?psc=1&redirect=true&ref_oh_aui_search_detailpage Chopsticks Spoon Fork Trio Set My Neighbor Totoro Garden - cute! What else is there to say? http://smile..com/gp/product/B00S0E7V4G?psc=1&redirect=true&ref_oh_aui_search_detailpage My Neighbor Totoro Skater Insulated Lunch Cooler Bag, Clover (UBC1) Fits everything nicely, except the extra soup container. http://smile..com/gp/product/B00AYQQ8Y2?psc=1&redirect=true&ref_oh_aui_search_detailpage My Neighbor Totoro Skater Insulated Lunch Cooler Bag, Clover (UBC1) (A bit taller than the bag above, so accommodates differently shaped items. Accepts her Totoro Bento box and the Totoro stainless steel soup container at the same time.) http://smile..com/gp/product/B00AYQQ8Y2?psc=1&redirect=true&ref_oh_aui_search_detailpage KOUZINA 36 Baking Cups - Freshware Silicone Molds - to keep items separate in the boxes when needed. Glad we got these! A nice touch! http://smile..com/gp/product/B016APXXJ8?psc=1&redirect=true&ref_oh_aui_search_detailpage Tupperware Smidget Container 1oz Set of 5 Blue - we bought a couple of sets of these tiny containers for dipping sauces, etc., since the reviews on some of the more eco-friendly choices of sauce containers had a lot of complaints about leakage. These are SO water-tight, it's awesome. They're tiny and perfect for a little teriyaki sauce, egg roll dip, etc. We got one color for my daughter (green ones off of eBay to match her Totoro bento box) and another color for her dad here on (blue for the win!). Helps keep things sorted. http://smile..com/gp/product/710105482X?psc=1&redirect=true&ref_oh_aui_search_detailpage We also had mercy on my husband and bought him a non-anime Bento Box. It's probably one of the best Bento boxes ever. Very nice design; nice size. Keeps liquids in, etc. If I get a bento box of my own, I'll probably get another one of these. Yes, stainless steel is more eco-friendly, but I'm gonna have to err on the side of leak-free products. Bento Box Lunch Box by GRUB2GO - Premium Lunch Boxes for Adults and Kids + FREE Utensils - http://smile..com/gp/product/B014EX3672?psc=1&redirect=true&ref_oh_aui_search_detailpage For the Kawaii factor, we had to have cutouts for lunch meats and cheese (we have yet to see how they work with home-made lunch meat, but I expect they'll work well): Yunko Bento Accessories Bears Seals Bunny Chick Bear Shape DIY Rice Ball Mould Korean Laver Take Boarder Sushi Mold Sandwich Mold Mould Cutter Stamp http://smile..com/gp/product/B017JMUU88?psc=1&redirect=true&ref_oh_aui_search_detailpage Cute ZCute Robo Bread Bento Sandwich Stamping Cutter, Red/Black - geeks have to have robots! Ego saving for the man in your Bento Life also! http://smile..com/gp/product/B00QOJGYGK?psc=1&redirect=true&ref_oh_aui_search_detailpage Well, that's about it. I think we'll be using all these things for quite a while. It was great to find them on . Some items come from Japan, but it was worth the wait. :) 2 of 2 people found the following review helpful. Super kawaii By Katie Anacleto If this is meant to be a present, buy two. One for them and one for you. It's even better than you can imagine. Every recipe is manga-style and the dialogue is super adorable. Might be buying a few more for friends. 1 of 1 people found the following review helpful. Adorable and easy, good recipes By Jamie Poer This book is adorable. I got it for a Japanese themed valentines day dinner. I ended up making Onigiri and Sushi (among other things), but there are some other awesome recipes in there for anyone who loves Anime or Japanese food. It's also got cute illustrations inside, and the directions are easy to follow.

Reading manga sure can make a person hungry! Food appears frequently in Japanese comics, but what exactly is it that the characters are eating? Introducing The Manga Cookbook, an illustrated step-by-step guide to preparing simple Japanese dishes using ingredients found in every Western kitchen. Learn to identify and make the same things you see in all your favorite manga: authentic onigiri (rice balls), yakitori (skewered chicken), oshinko (pickled vegetables),

udon (Japanese noodles), okonomiyaki (Japanese-style pizza) and many others! Includes sections on how to assemble bento boxed lunches and properly use chopsticks. Features original manga illustrations by Chihiro Hattori. Soon, you too can enjoy a meal fit for a manga character!

Youngsters can participate in manga cooking with *The Manga Cookbook* from The Manga University Culinary Institute, which offers 27 basic recipes by Yoko Ishihara introduced with color photographs. Additional black and white step-by-step comic book illustrations by Chihiro Hattori show how to make rabbit-shaped apple slices, rice hamburgers, pickled vegetables and teriyaki chicken. Readers are guided through the cookbook by three cartoon characters: a young girl, Miyuki, who calls herself the kitchen sensei; Hiroshi, her boyfriend who likes to eat; and the feline-like mascot, Coo, identified as the book's culinary mastermind. In addition to recipes, more information about many of the dishes and ingredients are presented through Miyuki's notes. --San Francisco Chronicle
After many of the recipes is additional information, often quite fascinating, about the dishes and ingredients. You will learn plenty of Japanese culinary terms as well as elements of Japanese culture. --Richard Auffrey, *The Passionate Foodie*, A "Top 10 Popular Paperbacks" selection for 2011 --American Library Association
About the Author
YOKO ISHIHARA is a certified nutritionist and chef, having earned her degree from Japan's prestigious Kagawa Nutrition University. Ishihara-sensei contributed the recipes and notes to this book, and as a mother of three, knows nearly as much about manga as she does about cooking. CHIHIRO HATTORI is best known as the artist whose delightful illustrations in Manga University's *Kanji de Manga* series have taught thousands of students how to read and write Japanese. An avid cook, she created some of the cute bento designs in this book, and has been known to sneak an Usagi Ringo or two into the lunch her husband carries to work.