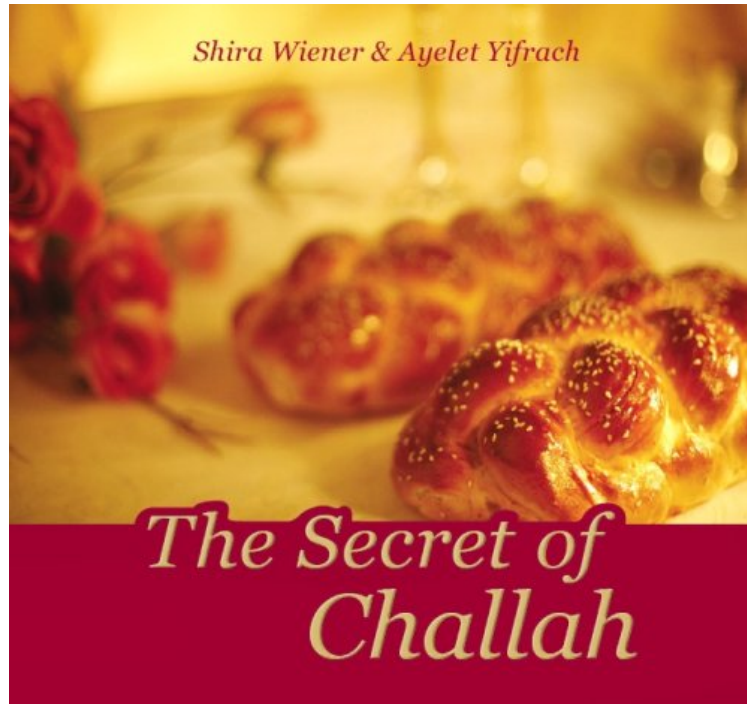


## The Secret of Challah

*Shira Wiener and Ayelet Yifrach*  
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**Shira Wiener and Ayelet Yifrach : The Secret of Challah** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Secret of Challah:

0 of 0 people found the following review helpful. Five StarsBy Ann HeilmanBest book of recipes and traditions available.0 of 0 people found the following review helpful. Increases knowledge and skillBy Carla YatesThis book opened my heart to the holiness of making challah.0 of 0 people found the following review helpful. Five StarsBy DietitianMy all time favorite cookbook for challah recipes!

Ah, the sweet taste of Shabbat challah... There s something about the smell of freshly baked challah and its wonderful flavor that brings joy to the Shabbat atmosphere. Baking your own challah seems like a difficult and complex process that requires great effort, experience, and special talent. In The Secret of Challah, with its clear, step-by-step instructions to making beautiful, delicious challah, you'll find that challah baking is both accessible and fun. In The Secret of Challah, you will find: Proven and tested challah and bread recipes- The Art of Braiding a section devoted to teaching you how to shape your own challah and bread, including the traditional six-strand braided challah and the festive rose-shaped challah The deep meaning behind the mitzvah of hafrashat challah, which will give your challah baking a new dimension of holiness \* A clear explanation of the practical laws of this mitzvah the unique domain of the Jewish woman Experience the sweet taste of Shabbat with The Secret of Challah the taste of Shabbat challah. Feed your mind, soul, and family with a cookbook devoted entirely to the mitzvah of baking challah. A chapter on the spiritual side of this essential mitzvah and a step-by-step guide to the details and devotions of separating dough make this beautiful book much more than a collection of recipes. Gorgeous photographs complement the wealth of baking

tips, explanation of challah customs, techniques for fancy braiding, and how-to`s for unusual shapes for holidays and special occasions. Recipes cover basics like healthy whole wheat, sweet Shabbat, and everyday bread to exotics like egg-free, date-studded and zatar-spiced varieties. The Secret of Challah brings both grandeur and practicality to the mitzvah of challah.

About the Author Shira (Berenson) Weiner has a degree in Educational Systems and Technology from Tel Hay College. She works as chief counselor or women s midrashah in the Ramat Aviv suburb of Tel Aviv. She is the mother of two girls. Ayelet (Berenson) Yifrach has a degree in Art Direction and Graphical Design from Emunah College. She designs books, magazines and Internet sites. She is the mother of three girls.