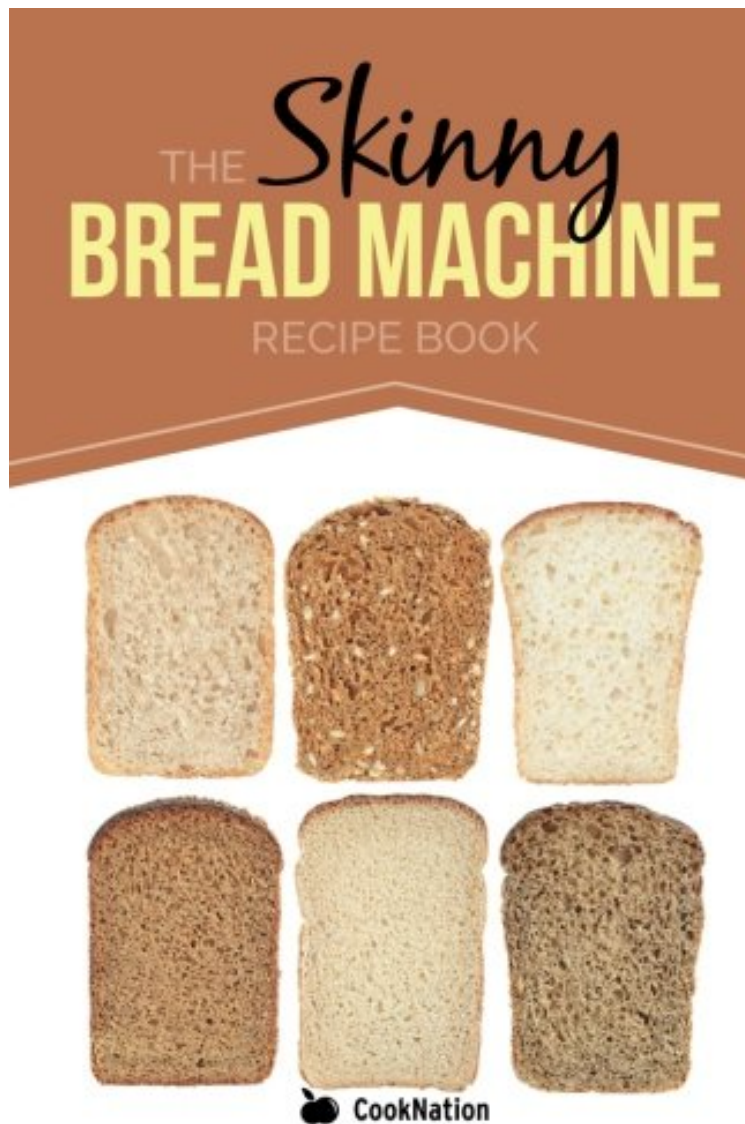


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## The Skinny Bread Machine Recipe Book: Simple, Lower Calorie, Healthy Breads... Baked To Perfection In Your Bread Maker

CookNation

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**CookNation : The Skinny Bread Machine Recipe Book: Simple, Lower Calorie, Healthy Breads... Baked To Perfection In Your Bread Maker** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Skinny Bread Machine Recipe Book: Simple, Lower Calorie, Healthy Breads... Baked To Perfection In Your Bread Maker:

0 of 0 people found the following review helpful. Good information for bread lovers  
By F  
Good information for bread lovers  
3 of 3 people found the following review helpful. Some interesting oversights....  
By GTEI  
I find it rather odd that a book with this title has no nutritional information at all, let alone calorie count. I find it annoying that I have to calculate the calories for each recipe. Though the recipes look good, I didn't expect I'd have to do the math first...  
0 of 0 people found the following review helpful. Disappointed  
By LisaM  
This book is written with metric measures (although it does have a conversion chart in the back) and calls for ingredients not even available in the United States. I did not see this in the description anywhere and would not have ordered it had I known this.

The Skinny Bread Machine Recipe Book  
70 Simple, Lower Calorie, Healthy Breads... Baked To Perfection In Your Bread Maker!  
We all love bread, yet increasingly people are feeling that it is becoming difficult to eat as part of a healthy diet.  
With The Skinny Bread Machine Recipe Book, home baked bread can still be a healthier part of your diet.  
For each of our skinny bread machine recipes we have taken traditional ingredients such as full fat butter, milk cheese and, where possible, replaced them with alternatives which are either lower in calories, sugar, salt or saturated fats. Each of the recipes have been tried and tested to make perfect homemade bread in your bread machine. The freshly baked bread you make will look and taste great and you'll be happy you've done your best to bake a better loaf for you and your family.  
Recipes include:  
Traditional White Wholemeal Breads  
Tarragon Mozzarella Cheese Bread  
Red Pesto Bread  
Cranberry Bread  
White Spiced Butternut Squash Bread  
Pink Beetroot Bread  
Sun-dried Tomato Bread  
Olive Bread  
Indian Spiced Bread  
Triple Seed Bread  
Granary Stout Loaf  
Festive Apple Bread  
Dried Cherry Loaf  
Plus a selection of gluten free bread recipes.  
The Skinny Bread Machine Recipe Book is also the perfect companion to one of our other titles The Skinny Soup Maker Recipe Book: Delicious Low Calorie, Healthy and Simple Soup Machine Recipes Under 100, 200 and 300 Calories. Perfect For Any Diet and Weight Loss Plan.  
You may also enjoy CookNation's other books. Just search 'cooknation' on Amazon.  
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