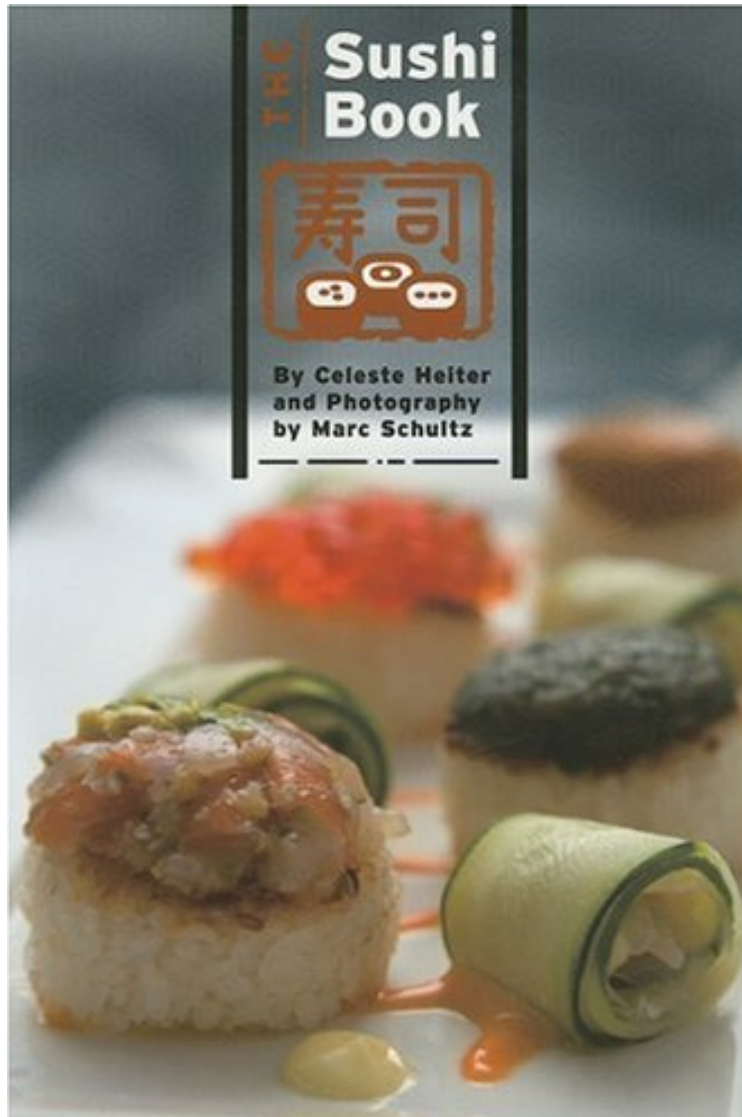


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The Sushi Book

Celeste Heiter

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In this beautifully illustrated book, you will find everything you need to know about sushi, from how to choose and order it, to how to eat it. You will even learn how to make it at home. And if your efforts in the kitchen inspire you, how to become a sushi chef. Along with the history, evolution, and art of sushi, sections include nutritional value, health benefits, and safety concerns. The pronunciation guide, together with a thirty-nine-page sushi glossary and a reverse dictionary, are especially helpful in identifying and ordering sushi.

About the Author Celeste Heiter With her lifelong love of Japan, its people, and its culture, Celeste Heiter believes that she may have been Japanese in a previous incarnation. In this lifetime, however, Celeste was born in Mobile, Alabama, where she earned a bachelor's degree in Art and English from the University of South Alabama. Inspired by a lifelong dream to visit the Great Buddha at Kamakura, she moved to Tokyo in 1988, where she spent two years teaching English conversation. Celeste now makes her home in California's beautiful Napa Valley, with the most treasured souvenir of her life in Japan: her son Will, who was born during her stay in Tokyo. She is the author of *Vignettes of Japan*, *Ganbatte Means Go For It*, *Five Seven Five*, and *To Japan With Love*. She writes about her adventures in Asian food and film on her blog, *Chopstick Cinema*. www.chopstickcinema.com Marc Schultz