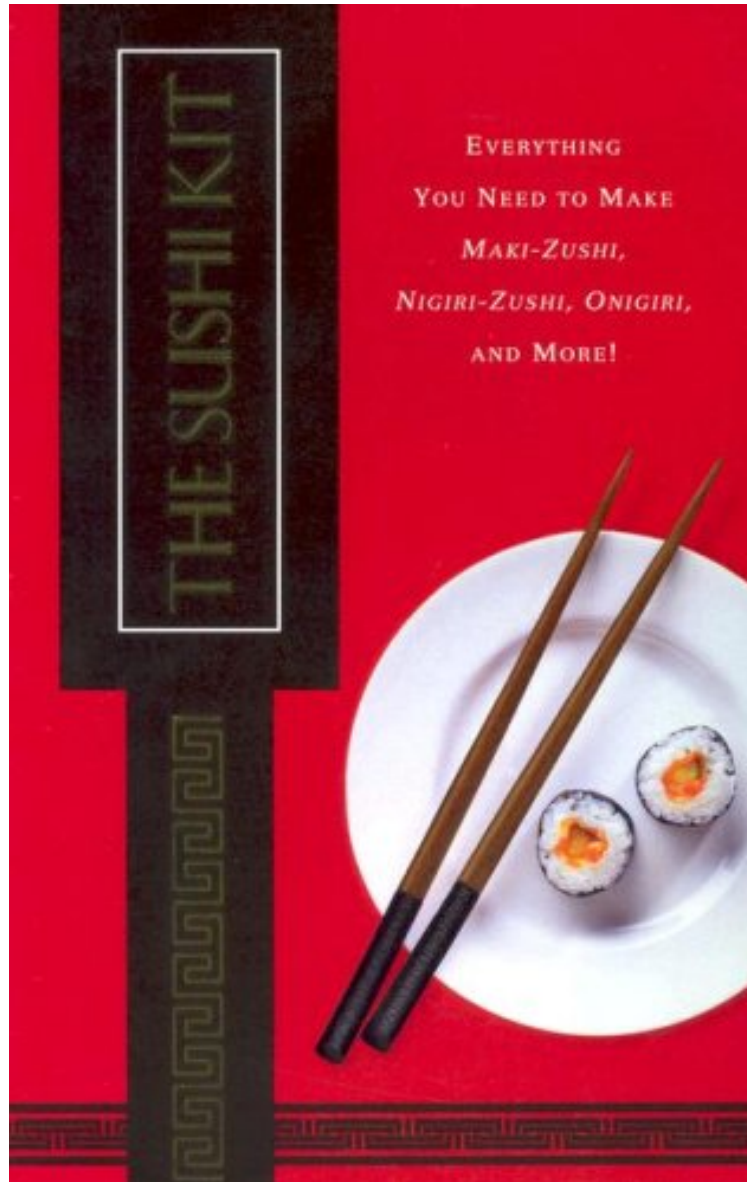


[Ebook free] The Sushi Kit

## The Sushi Kit

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**From Brand: Running Press : The Sushi Kit** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Sushi Kit:

0 of 0 people found the following review helpful. What the heck?Is this it?By Madasen DowlerSo i ordered this for my dads birthday and he really likes sushi. I was excited when i found this on it said it came with a book,rolling mat, etc. Well i got it a few days ago and all i got was the book i was hoping for the other parts but they haven't come. i

ordered it with standard shipping but i think it was supposed to come together. anyway ill talk about the book. its really short and i say doesn't have the normal recipes only a few. I would have liked to know what i was supposed to get before i bought this and what was in it0 of 1 people found the following review helpful. Not a kitBy AKHumbleI didn't get the "kit," just the book. So I had to go out and buy the stuff to make the sushi. It was a big idea of mine to start making sushi, but now I just buy it at the grocery store! Much less work!5 of 5 people found the following review helpful. Excellent started for those new to sushiBy Harold McFarlandWith an innovative approach to learning about sushi, The Sushi Kit comes complete with recipes and all the tools necessary to prepare those recipes. In addition to the book you get a mold to help make nigiri-zushi, a rolling mat for making maki-zushi, a rice paddle, chopsticks, and dipping bowls.The first part of the book includes a lot of tips to help pick the right ingredients. Needless to say, picking the right fish can make a tremendous difference in the quality of the results. Following this is are short sections on Nigiri-zushi, gunkan, maki-zushi, kappa-maki (cucumber roll), California roll, teriyaki chicken roll, preparation instructions, serving suggestions, and a glossary.These are easy recipes to prepare and although there are few actual recipes it is easy enough to work from the base provided here to create your own favorites. This book is primarily for the novice as it does not contain very many recipes and all the ones included are both common and easy to prepare without mistakes. With easy to follow instructions and delicious results, The Sushi Kit is recommended for the novice or the average person who just wants to prepare their own at home on occasion.

Freshly made California rolls are just a few steps away with this sophisticated kit, which demystifies the preparation of sushi at home. The 80page book contains detailed instructions for making a full menu of favorites, from sashimi to futomaki. The kit presents all the functional, beautifully designed tools traditionally used for sushi preparation and serving: rolling mat, rice paddle, plastic molds, glazed serving plate, reusable chopsticks, and dipping bowls.

From Publishers WeeklyPackaged with chopsticks, a rolling mat, a rice paddle and surprisingly attractive dipping bowls, this slim volume is the ultimate holiday gift for any sushi fan who longs to roll his own. Although it contains simple recipes for favorites such as Kappa Maki (cucumber roll) and Spicy Tuna Roll, this book does not offer much for the culinary adventurer. What it does provide, however, is foolproof, step-by-step instructions on how to make flawless Sushi Rice (the secret is to cool it quickly at the end, using a handheld fan) and a best-practices guide on choosing fish for sushi ("buy whole fish and fillet at home when possible," and make sure the fish has glossy scales and "bright, clear eyes"). It also provides a short but comprehensive glossary, which clarifies the difference between ocha (green tea) and onigiri (rice ball), and also makes for an excellent cheat-sheet at a Japanese restaurant. Nevertheless, the most exciting part of this package isn't really the book-it's all the neat sushi paraphernalia it comes with. Copyright 2002 Reed Business Information, Inc.About the AuthorAdvanced Fresh Concepts Corporation (AFC) is the largest and most successful sushi company in the USA, with more than 900 sushi bars in 46 states. AFC supplies fresh sushi to supermarkets, and has helped move sushi from a "fad-food" to an accepted and sought-after food.