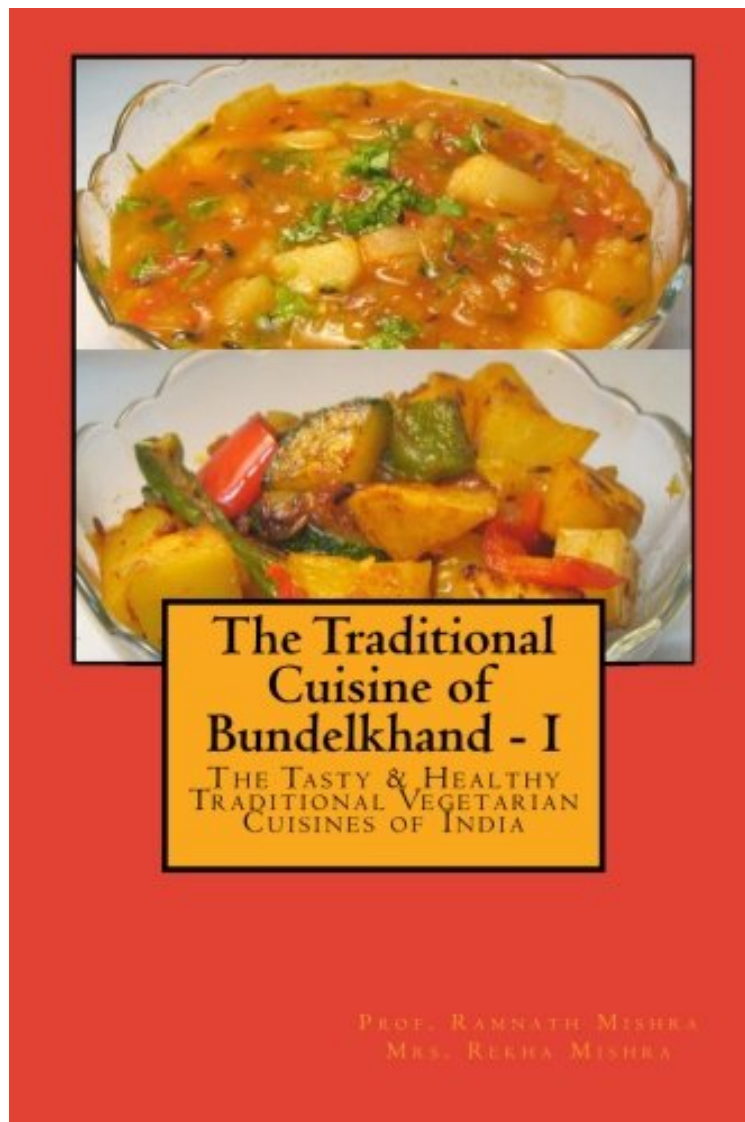


[Free] The Traditional Cuisine of Bundelkhand - I (The Tasty Healthy Traditional Vegetarian Cuisines of India) (Volume 1)

The Traditional Cuisine of Bundelkhand - I (The Tasty Healthy Traditional Vegetarian Cuisines of India) (Volume 1)

Mrs. Rekha Mishra

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Mrs. Rekha Mishra : The Traditional Cuisine of Bundelkhand - I (The Tasty Healthy Traditional Vegetarian Cuisines of India) (Volume 1) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Traditional Cuisine of Bundelkhand - I (The Tasty Healthy Traditional Vegetarian Cuisines of India)

(Volume 1):

As per the author, Prof. Ramnath Mishra, the fast disappearance of the Traditional Cuisine is taking place all regions of our nation because we are heading to a sort of standardized cuisine. All regions, in our nation, are rich in culinary art and have real tasty, healthy and yet very simple dishes, with their own geographically distinctive dishes. We know this first hand as we had been posted in various regions, during our career, and we learnt some of their cuisine ourselves, from the friends there. The other friends in those regions taught us about cuisine of their regions. Some of these dishes are present in today's National Standard Menus; but without giving credit to the region of origin. The same is true about Bundelkhand. So when Mrs. Rekha Mishra, my wife, suggested that we must write on priority about the Traditional Cuisine of Bundelkhand, I agreed immediately. This has resulted in these two volumes of Traditional Cuisine of Bundelkhand Region. It is hoped that you would relish these original and authentic dishes and pass on the book to the younger ones in the family, serving the intended purpose of this book.