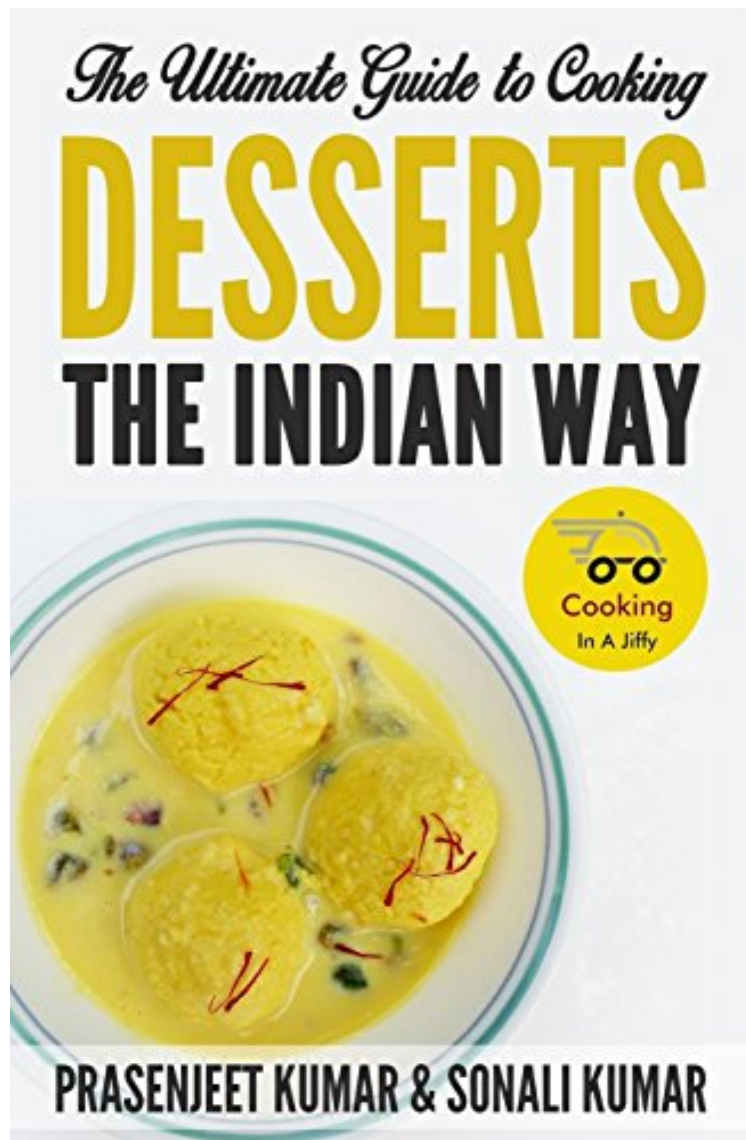


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The Ultimate Guide to Cooking Desserts the Indian Way (How To Cook Everything In A Jiffy) (Volume 10)

Prasenjeet Kumar, Sonali Kumar
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(Volume 10):

70 JIFFY Ways to Prepare Delicious Desserts from Everything—Rice, Wheat, Paneer, Khoya, Yoghurt, and Hold Your Breath, Lentils and Veggies! As Only Indians Can. From the author of Amazon # 1 Best seller "Cooking In A Jiffy" series of cookbooks, comes a mind-boggling tribute to sweets, puddings and desserts, the way Indians cook them in their homes even today. There are eight great Indian desserts that use rice, twelve outstanding ways to turn wheat in to delicious puddings, six protein-filled desserts that use lentils, seven puddings Indians love to make from veggies, a dozen outstanding classics that use Paneer, eleven dessert recipes that are made from Khoya, and six recipes that use yoghurt. There are also seven recipes that are inspired by the British Raj and are still served in many Indian clubs and messes of the Armed Forces. Most recipes are low-calorie, don't use eggs, and permit the use of sugar-substitutes. They also can be made in a JIFFY, without special equipment or moulds, without pre-heating ovens, without waiting for hours for your stuff to bake, and so on.

About the Author Prasenjeet Kumar: Prasenjeet Kumar is the author of over 21 books in four genres: Romance-Fiction, motivational books for introverts (the Quiet Phoenix series), books on self-publishing (Self-Publishing Without Spending a Dime series) and cookbooks (Cooking In A Jiffy series). 25 titles so far have also been translated into Japanese, Spanish, Portuguese, Italian, and German. Prasenjeet is a Law graduate from the University College London (2005-2008), London University and a Philosophy Honours graduate from St. Stephen's College (2002-2005), Delhi University. In addition, he holds a Legal Practice Course (LPC) Diploma from College of Law, Bloomsbury, London.

Sonali Kumar: Sonali Kumar retired from the Indian Administrative Service (IAS) after a distinguished service of over 36 years with the Government of India as well as the Government of Jammu and Kashmir. Post-retirement, she is working with her son Prasenjeet putting out books in the "Cooking In A Jiffy" series.