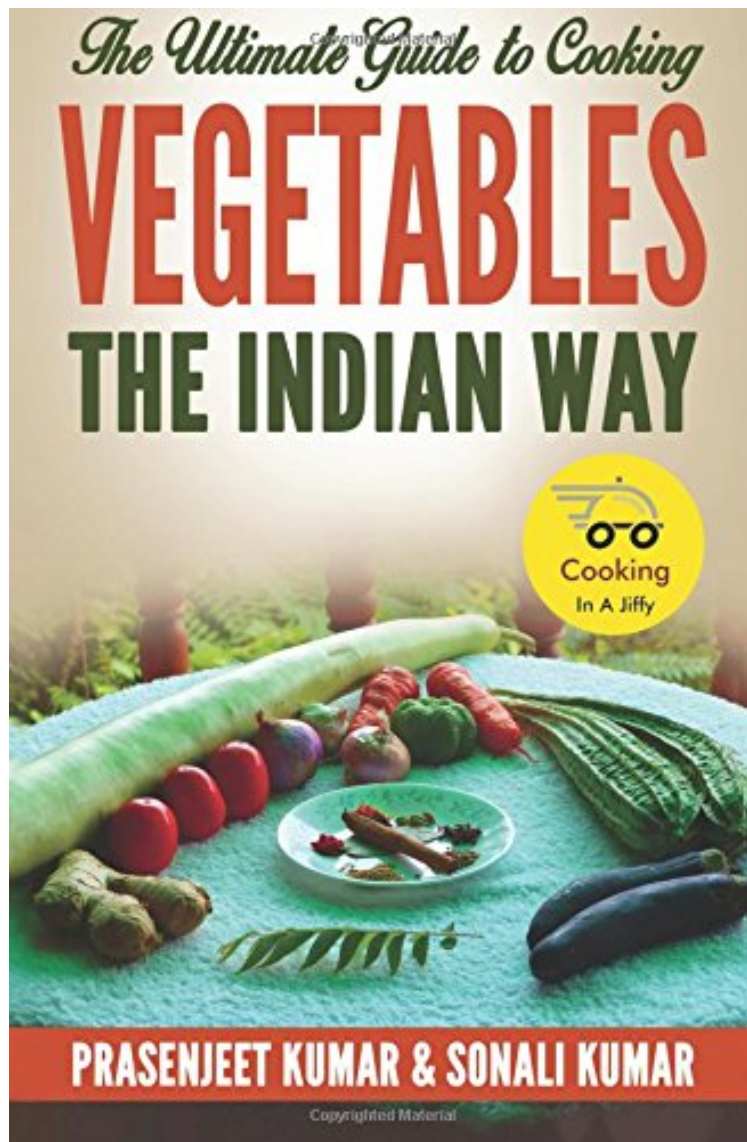


[Free pdf] The Ultimate Guide to Cooking Vegetables the Indian Way (How To Cook Everything In A Jiffy) (Volume 10)

## The Ultimate Guide to Cooking Vegetables the Indian Way (How To Cook Everything In A Jiffy) (Volume 10)

Prasenjeet Kumar, Sonali Kumar  
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(Volume 10):

101 Tastiest Ways to Cook Veggies as Snacks, Soups, Curries, Full Meals and hold your breath, Desserts! As only Indians can. From the author of # 1 Best seller "Cooking In A Jiffy" series of cookbooks, comes a tribute to vegetables, the way Indians cook them in their homes. So forget your boring boiled and broiled and baked ways to make veggie dishes and let this new book open your eyes to the wonderful possibilities of cooking vegetables the way northern, southern, eastern and western Indians do. "The Ultimate Guide to Cooking Vegetables the Indian Way" lets you savour, in this background, as many as twenty-six most popular "Home Style" curries, 24 dry recipes, 10 recipes for cooking veggies with rice or breads, and 19 kinds of snacks and accompaniments. Most recipes are low-calorie and with OPTIONAL use of chillies. For the spice-challenged or nostalgia ridden folks, there are 14 dishes from the days of the British Raj that do use cheese and involve baking, if you were missing that! Finally there are 8 desserts Indians love to make from veggies. And the bottom line is that you master these and you can handle any Indian vegetable dish from any part of India, we promise.

About the Author Prasenjeet Kumar: Prasenjeet Kumar is the author of over 19 books in four genres: Romance-Fiction, motivational books for introverts (the Quiet Phoenix series), books on self-publishing (Self-Publishing Without Spending a Dime series) and cookbooks (Cooking In A Jiffy series). 23 titles so far have also been translated into Japanese, Spanish, Portuguese, Italian, and German. Prasenjeet is a Law graduate from the University College London (2005-2008), London University and a Philosophy Honours graduate from St. Stephen's College (2002-2005), Delhi University. In addition, he holds a Legal Practice Course (LPC) Diploma from College of Law, Bloomsbury, London.

Sonali Kumar: Sonali Kumar retired from the Indian Administrative Service (IAS) after a distinguished service of over 36 years with the Government of India as well as the Government of Jammu and Kashmir. Post-retirement, she is working with her son Prasenjeet putting out books in the "Cooking In A Jiffy" series.