

The Ultimate Vegetarian Collection

Alison Simon Holst

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Alison Simon Holst : The Ultimate Vegetarian Collection before purchasing it in order to gage whether or not it would be worth my time, and all praised The Ultimate Vegetarian Collection:

At last, the cookbook that vegetarians have been waiting for! An inspiring collection with over 400 recipes in one volume ndash; with meals for morning, noon or night, eating indoors or out, entertaining friends or creating a special dish for two people ndash; there are 14 chapters of ideas to choose from. Dame Alison Holst and her talented son Simon Holst have compiled a vast repertoire of delicious vegetarian recipes. The Ultimate Vegetarian Collection includes sections on: Finger foods and snacks; Breakfasts; Soups; Light lunches; Salads and vegetables; Beans, pulses and tofu; Pies and pastries; Breads and muffins; Cakes and cookies; Desserts and sweets. There is also useful information on vegetarian pantry staples, explanations of cooking techniques and a comprehensive weights and measures section. All in all, this is the ultimate cookbook for vegetarians (Alison Simon Holst)

About the Author Having grown up in a cooking household Simon nbsp; has a passion for food and cooking! Simon has

co-authored 27 best selling books with his mother Alison, and completed five of his own solo books. In addition to books, Simon contributes to newspapers and now AA Directions magazine. In spite of a hectic lifestyle as a food writer and food stylist he has also been a judge for Cheese Awards, and Wine and Food Challenges. Simon has also recently completed a Certificate of Wine, as well as being part way through a Diploma of Community Nutrition.