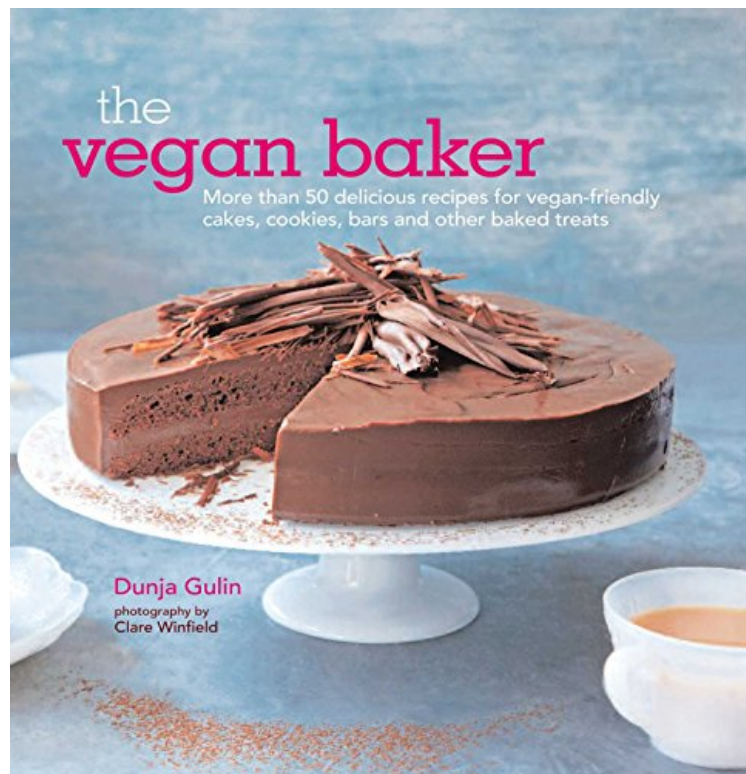


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The Vegan Baker: More Than 50 Delicious Recipes for Vegan-friendly Cakes, Cookies, Bars and Other Baked Treats

Dunja Gulin

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#2275705 in Books Ryland Peters 2013-03-14 2013-03-14 Original language: English PDF # 1 9.00 x .60 x 9.251, 1.73 #File Name: 1849753512144 pages The Vegan Baker Cookbook | File size: 18.Mb

Dunja Gulin : The Vegan Baker: More Than 50 Delicious Recipes for Vegan-friendly Cakes, Cookies, Bars and Other Baked Treats before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Vegan Baker: More Than 50 Delicious Recipes for Vegan-friendly Cakes, Cookies, Bars and Other Baked Treats:

0 of 0 people found the following review helpful. Four Stars By Keokike As advertised. 2 of 4 people found the following review helpful. I enjoyed many of the recipes By Monika Stogowska I enjoyed many of the recipes. However, most of them called for vegan margarine, which I find very unhealthy. If you are a kind of person who would put 3 cups of margarine in the icing, this is a book for you. I liked the photos though!

Whether you are a full-time vegan or you choose to cut out animal products whenever possible, there's no need to miss out on your favourite cakes. Baking without eggs, butter and milk is not only possible, but also easy and just as delicious as what you are used to baking. There are now so many alternative ingredients available from supermarkets and healthfood stores and with Dunja Gulin's recipes, you'll have all the inspiration you need to start baking. Simple Cakes and Muffins to try include Muffins with Summer Berries; Fancy Cakes like the stunning Chocolate Layer Cake are sure to impress; for a mid-morning snack, try Slices Bars like Bean Brownies and Fruity Oat Bars; choose from

Cookies and Biscuits such as Hazelnut Bites and Coffee-Toffee Cookies; vegan Pies, Tarts Strudels can be just as good as real pastry, so try a Pear Strudel; bake vegan Herb Focaccia and you will never buy regular Bread again; and finally, Special Baked Treats like Jam Parcels and Baked Plum Dumplings make mouthwatering desserts.

About the Author Dunja Gulin received her first valuable culinary experiences early on in life in the kitchens of her Istrian grandparents, parents, aunts, neighbours and family friends. Her passion for healthy food led her to attend natural cooking training programmes and to assist many healthfood chefs in Croatia and abroad. For the past eight years she has been a cooking teacher and chef - both on retreats and for private clients - and contributed to several healthy cookbooks. She is the author of a popular book on vegan breakfast published in her native Croatia and of Raw Food Kitchen for Ryland Peters Small. She has hosted cooking workshops and demonstrations in USA and UK. Visit her website at dunjagulin.com