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The Wok Book

Charmaine Solomon

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Charmaine Solomon : The Wok Book before purchasing it in order to gage whether or not it would be worth my time, and all praised The Wok Book:

Simple but interesting recipes demonstrate the versatility of wok cookery in this collection which spans a range of vegetarian, seafood, chicken and meat dishes. The recipes are explained through the provision of a glossary of Asian ingredients.