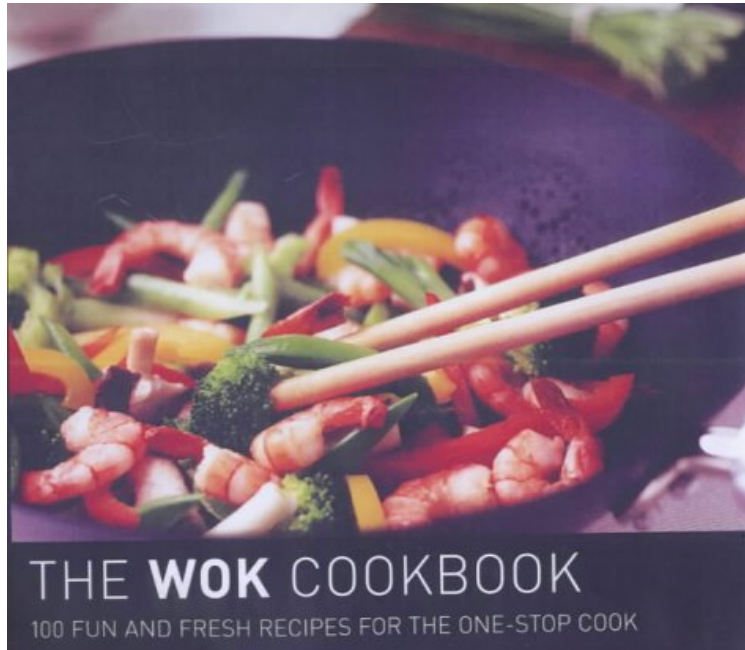


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The Wok Cookbook: 100 Fun and Fresh Recipes for the One Stop Cook

Gina Steer

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0 of 0 people found the following review helpful. Five Stars By NewLife4Mehealthy!

This volume shows the range of dishes that can be produced with the wok. Recipes are featured from traditional Eastern to those that have evolved as the trend has spread West. The book offers 100 recipes for meat eaters and vegetarians alike.

About the Author Gina Steer is an established and experienced food writer and stylist for many leading women's magazines. She has written a number of cookbooks on different themes, which include the Pasta Machine Cookbook and the best-selling series of Gourmet Fridge Fun cookery fridge magnets. She has a regular show broadcast by LBC Radio London and is currently cookery editor of a leading women's magazine.