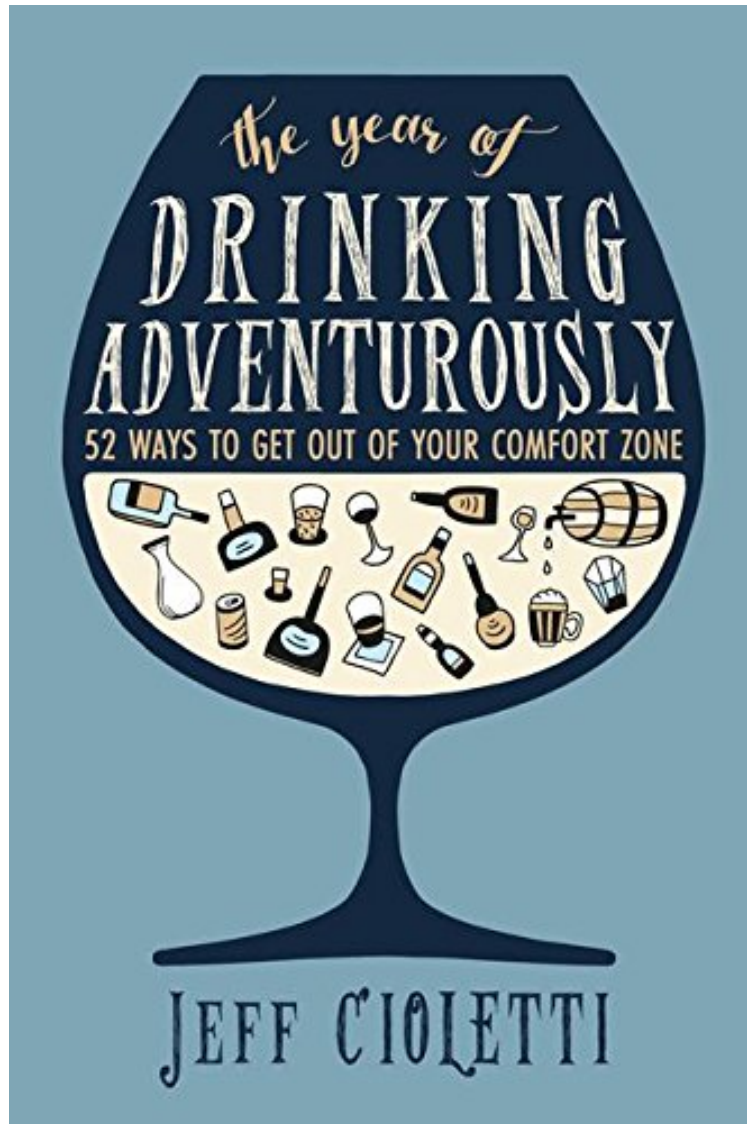


[E-BOOK] The Year of Drinking Adventurously: 52 Ways to Get Out of Your Comfort Zone

The Year of Drinking Adventurously: 52 Ways to Get Out of Your Comfort Zone

Jeff Cioletti

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Jeff Cioletti : The Year of Drinking Adventurously: 52 Ways to Get Out of Your Comfort Zone before purchasing it in order to gage whether or not it would be worth my time, and all praised The Year of Drinking Adventurously: 52 Ways to Get Out of Your Comfort Zone:

5 of 5 people found the following review helpful. My parents weren't very adventurous drinkers -- my mom has a glass of sweet wine with dinner and my dad will have a ...By karylI've always been fascinated by spirits. My parents weren't

very adventurous drinkers -- my mom has a glass of sweet wine with dinner and my dad will have a beer on Saturday night, but every so often they'd break out the Galliano and have Golden Cadillacs (a drink I just realized I've never tried). For myself, I didn't really start drinking until my mid-20s; my core group of friends looked down on the people getting s***-faced at frat parties, and to be honest, none of us liked beer anyhow. But then I met Jeff Cioletti and his wife Craige, and all of a sudden, there was all this beer that sounded amazing and delicious! It didn't hurt that the craft beer scene was really starting to take off, so I had lots to choose from. Since I've been back in Rhode Island this last year, I've also noticed the explosion of craft spirits. Watching "The Booze Traveler" on the Travel Channel has also broadened my horizons (which is why there is now a handle of Bols genever in my liquor cabinet). Now Cioletti has published the perfect book for people who may be looking to broaden their horizons a bit more. There are so many spirits in this book I had never even heard of, but which now I want to try. Baijiu, huangjiu, shochu, and others have all been described in such a way as to de-mystify them to this reader for whom they're all totally new. (I only wish I lived nearer a large Chinatown so I could possibly try them.) Each chapter takes us through a specific spirit and tells us a little bit about the history of it, where it comes from, and how it's made, plus gives examples of some excellent brands so we don't have to wander the aisles of the local packie in ignorance. Cioletti is never pretentious and always encouraging, plus he really does know his material thoroughly. He has researched and sampled each of these alcohols himself, and admits that in the course of writing this book, he himself has gotten out of his comfort zone (as vast as that is) a few times. His main point is to enjoy these spirits in moderation, not to ingest as much as possible in order to get hammered. If that's your only goal when drinking, this book is beyond you. I would encourage you to buy this book, read it from cover to cover and make notes of your favorites, and then keep it in your car, so that when you happen upon a bar or restaurant that serves one of these adventurous spirits, or if you stop by your local liquor store with the idea of having a flight of your own at home, you have the perfect reference material right in your hands.

4 of 4 people found the following review helpful. A Drinking Diary?! By confounded Beautiful hardcover edition. 52 chapters on 52 different alcoholic beverages from around the world. Some chapters will be familiar, some are completely esoteric. Great way to expand your knowledge of the culture of drinking in different countries and get out of your comfort zone. Plan to read one chapter each week for a year and try that week's drink - beginning January 2016!

1 of 1 people found the following review helpful. Drink Adventurously with Jeff Cioletti! By Allen O'Neil Whether you start at the beginning, jump to the chapter that corresponds with the current week of the year, or jump to whatever chapter peaks your interest, Jeff's Cioletti's The Year Of Drinking Adventurously: 52 Ways to Get Out of Your Comfort Zone provides an informative, yet friendly, overview of the world's alcoholic beverages and the history/ingredients behind them. Cioletti delivers information in a condensed and approachable manner. As such, the book lacks the pretentiousness that can sometime be found when experts seek to educate a casual reader. You feel like you are on this journey with a good friend. To cap it off, he concludes the book with a select collection of drink recipes shared by distillers and mixologists featured in the book. Cioletti's book is like a choose your own adventure of the beverage world. However you choose to read the book, Cioletti will guide you through the old familiars as well as open your eyes to some new and exciting spirits and beers you may never have heard of.

You want a little adventure in your life. And why not? With thousands of breweries and distilleries in the United States, there are more choices than ever on tap and behind the bar. So many, that yoursore a little bit intimidated. But throughout the course of a year you can learn to impress your friends by becoming a pub savant with The Year of Drinking Adventurously, a guide to getting out of your beverage comfort zone once a week for a year. Each of the fifty-two chapters features the story behind a unique beer, spirit, cocktail or wine, designed to broaden your drinking horizons. Some correspond with specific seasons or holidays, encouraging you to forget the million-dollar marketing-supported "conventional wisdom" and drink against the grain. It's Cinco de Mayo? There's much more to the celebration than lime-enhanced lager and shots of rotgut tequila. St. Patrick's Day? Do you really want to be the 700th person of the evening to order a green-tinted brew and a shot of cheap whiskey? The Year of Drinking Adventurously takes the social imbibers on a journey into the exciting and unknown one week at a time.

"This oners perfect if your New Year's resolution really was to drink better. It's a series of 52 essays that go on a tour of basically all parts of the beverage-alcohol world, from a Scotch guide in week 1 to an introduction to Cremant Alsace sparkling wine in week 52. It covers topics ranging from Chile pepper-spiked beers to baijiu, China's favorite distilled spirit. The book concludes with a "Cocktailing Adventurously" section featuring recipes from bars around the world . . ."

Playboy Author Jeff Cioletti can recommend one that readers are very likely to stick with throughout 2017: Drink adventurously. In his book, The Year of Drinking Adventurously: 52 Ways to Get Out of Your Comfort Zone, Cioletti challenges adult imbibers to try something new every week for a year.

Liquor.com "Jeff Cioletti is like a deep sea diver plumbing to new depths of boozy culture. With an air tank full of wit, humor, and guile, he takes us to new worlds of drink culture rarely seen by the less courageous and casual imbibers. A reader's only regret is to not be there in person to pound down an enticing pint or mysterious cocktail along with Jeff in these exotic locales, though surely they will be left to dream their own next delicious drink

adventure." ? Darek Bell, founder and owner, Corsair Distillery and author of *Alt Whiskeys and Fire Water*. "Jeff Cioletti is a master tour guide, whisking you through the rich tastes and fascinating stories of an astounding array of beverages. Your year of better drinking inevitably starts here." ? Erika Rietz, founder and editor-in-chief of *Draft Magazine* "Jeff Cioletti's *The Year of Drinking Adventurously* manages the near impossible; it is both comprehensive yet approachable, detailed yet entertaining. Cioletti has a real gift for finding narrative and making the material ndash; which in the hands of lesser writers would turn into a plodding survey of obscure arcana ndash; read like a page-turner.rdquo; ndash; Jeff Alworth, author of *The Beer Bible* and *Cider Made Simple* "A brilliantly original book that opens our eyes and challenges our palates to exciting new flavour experiences in what feels like a conversation with a buddy, written to entertain, inform and delight the curious imbibers." ndash; Davin de Kergommeaux, author of *Canadian Whisky: The Portable Expert*. "This book is definitely worthwhile and often lots of fun to boot" - Drink Hacker "For an enthusiast of booze in oh so many forms and a lover of great stories, *The Year of Drinking Adventurously* made my mouth water and my brain buzz *(or head hum)* with every turn of the page. Jeff's signature writing style shines through with passion, wit, and insight. With 52 weeks of adventure, let's get drinking!" ?Jeremy Cowan, founder and owner, Shmaltz Brewing Company "Clear some space in your liquor cabinet. Jeff Cioletti's book will ensure you'll have the best stocked bar in the neighborhood, and the knowledge necessary to put the bottles to proper use. A must-have for any drinks enthusiast." ? John Holl, editor of *All About Beer Magazine* About the Author As editor at large of *Beverage World* magazine, creator of the website, *The Drinkable Globe*, and host of the web series, *The Drinkable Week*, Jeff Cioletti has been responsibly imbibing his way around the world. Jeff's tenure in liquid literacy has exposed him to some of the best libations the world has to offer and given him access to the producers and purveyors of such fine refreshments. He combines his love of drink with a passion for travel and one usually involves the other. When he's not writing about or traveling for beverages, he's making films about them. He is the writer/producer/director of the feature film, *Beerituality*, a comedy set in the world of craft beer. Jeff is also a frequent speaker on drinks-related topics at industry and public events and has offered his insights in print, on TV and on the radio.