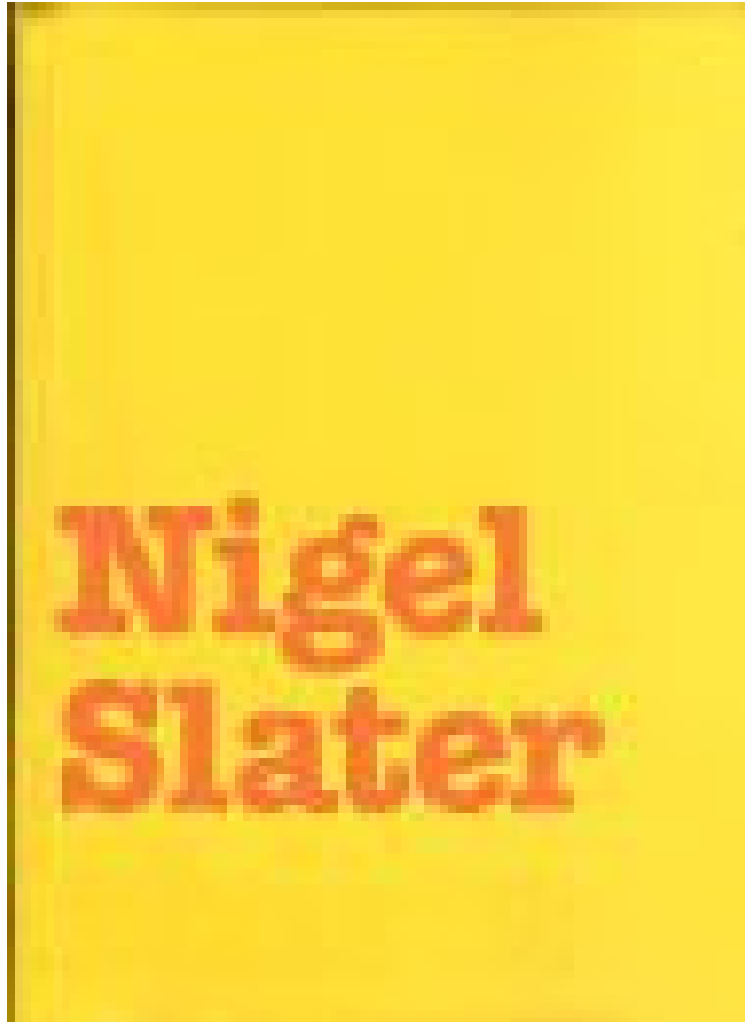


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Thirst

Nigel Slater

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Nigel Slater : Thirst before purchasing it in order to gage whether or not it would be worth my time, and all praised Thirst:

1 of 1 people found the following review helpful. heaps of good ideas for juices, smoothies and dessert-y drinksBy earthymamaNigel Slater cookbooks are always my favorites. I love the writing even more than the recipes, which are always simple and delicious. This one is particularly nice to look at, with lovely pictures (most of them not of the juices, but then again who really needs to see photos of juices and smoothies?) I especially like that he acknowledges the pain of cleaning juices, blenders and the like even while offering recipes that use more than one kitchen tool! But it's all in the name of good taste, and the recipes do deliver. So far all the recipes I've tried have been winners- there are some good veggie juice ideas and plenty of good smoothie recipes as well. If you don't mind a little cleaning up afterwards, and you enjoy a good juice, you'll enjoy this book.1 of 1 people found the following review helpful.

ThirstBy MaggieEasy to read and written in such a way that you cannot put it downI love to collect cookbooks, some I resell but Nigel's I cannot let go of.0 of 0 people found the following review helpful. SimpleBy A. GibbVery good, very basic juice smoothie guide. Great for beginners, simple recipes, good ideas and good recipes for kids.

Food writer Nigel Slater turns his enthusiasm for the pleasures of eating to the pleasures of drinking fresh juices. His book, full of recipes and advice, celebrates the pleasures to be gained from the "nectar of the gods". He explains that once you reconcile yourself to cleaning your juicer you're hooked: the benefits of a glass of fruit and vegetable juice can be felt almost immediately. In this collection of juicing ideas, he suggests elegant combinations (pear and watercress), comforting old favourites (banana, milk honey), and clean-tasting, revitalising ideas (pineapple mint shake). For Slater, the health benefits - which are clearly explained - are an added bonus, a "glorious freebie".

PRAISE FOR APPETITE: 'Nigel is a bloody genius.' Jamie Oliver 'The pick of the bunch is Nigel Slater's APPETITESlater has made this a something-for-everyone feast, bubbling with ideas, suggestions, hints and personal opinions that genuinely help you to make your own mind up about how and what to cook.' The Times 'I am getting fed up with writing nice things about Nigel Slater's books. Why can't the fellow be human like the rest of us and do something duff for a change? Perhaps because he's a genius.' Matthew Fort, Guardian 'Slater remains the reigning champion, a writer incapable of uninspiring sentences. Reading Slater is always a prelude to rushing off to the shops and cookingit's no exaggeration to say that Appetite is an instant classic.' Daily ExpressAbout the AuthorNigel Slater is Britain's top food writer. His hugely popular columns and books have won him an enormous following for his direct, up-to-the-minute and delicious approach to food. He has written six books previously to this, has an award-winning column in The Observer and a regular column in The Sainsbury's Magazine.