

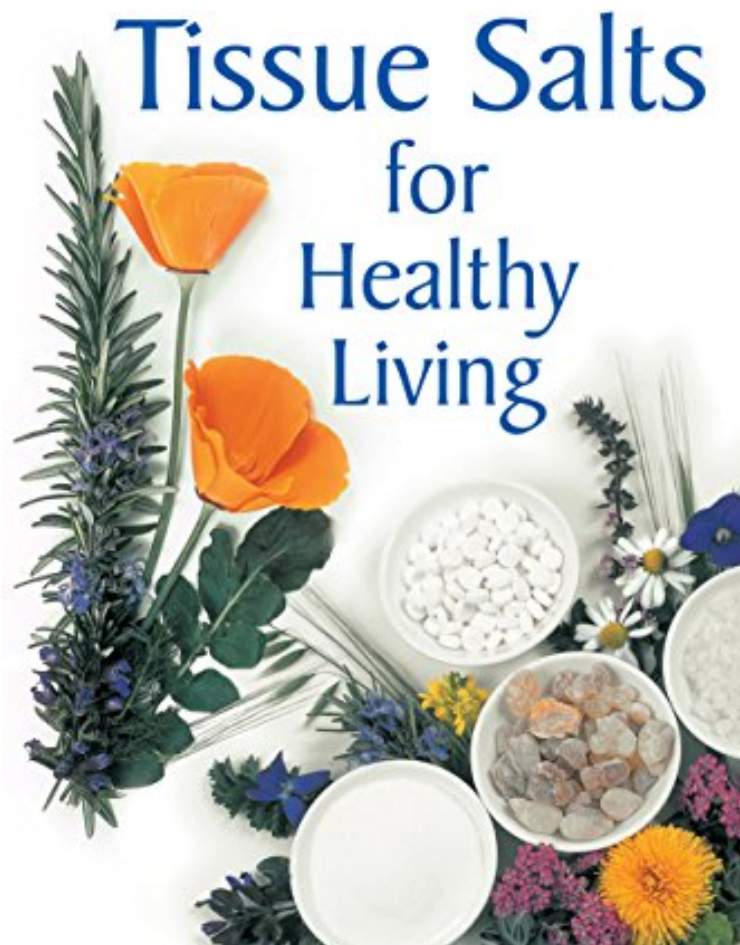
(Free) Tissue Salts for Healthy Living

## Tissue Salts for Healthy Living

*Margaret Roberts*

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Margaret Roberts



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#1068897 in Books 2016-12-16 2016-12-30 Original language: English PDF # 1 8.20 x .40 x 5.701, .0 #File Name: 1770077731128 pages | File size: 79.Mb

**Margaret Roberts : Tissue Salts for Healthy Living** before purchasing it in order to gage whether or not it would be worth my time, and all praised Tissue Salts for Healthy Living:

3 of 3 people found the following review helpful. Most complete book on cell salts!By Needs to KnowThis is the best book on cell salts, I've seen.The only thing missing was mention of bioplasma.I only found out about this book, because it was mentioned on the Flows for Life website.It even tells you what your constitutional tissue salt is, based on your astrological sign.Even though the book was sent from England, it was very, fast shipping!I highly recommend this book.1 of 1 people found the following review helpful. Amazing health handbookBy HesterThis book supplies an

abundance of information on tissue salts and its uses in promoting health. It reads easily and is organised for ease of reference. Each salt and its effects are well described and there is a comprehensive list of ailments, each with the salts to be used in its treatment. I highly recommend this book. 2 of 2 people found the following review helpful. excellent explanations on principles and effects  
By Danielle Ledent  
This book is easy to read and understand and what is more the tissue salts actually do what it said they would . Should be in everybody bookshelf .

This book presents the qualities and uses of 12 minerals (salts) that should be present in our bodies in perfect balance. The salts are found naturally in the Earth's rocks and soils and are present in food grown organically in mineral-rich soils. Modern lifestyles and processed foostuffs lead to a depletion of these substances in our bodies and make us susceptible to a wide range of ailments. Margaret Roberts shares her vast knowlegde of how supplementing our diet with tissue salts can promote good health and treat ailments.

About the Author  
Margaret Roberts is an herbal pioneer from South Africa. She introduced herbs and made them part of the culture over 35 years ago, and lectures extensively on herbs for health and nutrition around the globe. She is a certified physical therapist. In her quest for health, longevity and natural treatments for every ailment encompassing natural foods, natural medicines and insecticides, she has become a respected authority on this essential subject. She has inspired many around the globe to create gardens, change their ways of eating, and to use natural medicines. Miss Roberts is the author of more than 30 books, and received a Laureate Award from Pretoria University in recognition of her outstanding contributions to this field.