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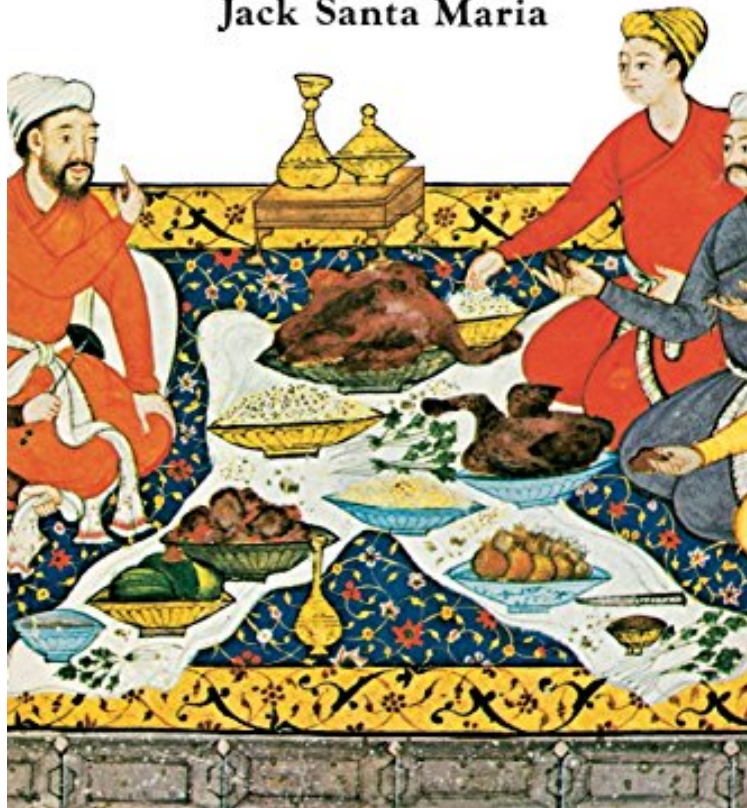
Traditional Indian Cookery

Jack Santa Maria

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TRADITIONAL INDIAN COOKERY

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Jack Santa Maria : Traditional Indian Cookery before purchasing it in order to gage whether or not it would be worth my time, and all praised Traditional Indian Cookery:

5 of 5 people found the following review helpful. I still use this cookbook!By Amy R. ThompsonI can hardly believe that no one has reviewed this wonderful cookbook. I bought this back in the 80s and it was my intro to Indian cookery.

I now have a library of Indian style cookbooks, but this is one of the few that I've found that deals with cooking meat. Indian style food is never boring. You will become addicted after you experience the fragrance of spices while you cook! 2 of 2 people found the following review helpful. Simple and delicious recipes. By Customer I bought this book long time ago, and finally fell apart. It is nice to find the same book.

Here is a superb collection of recipes from across the Indian subcontinent. Each step in preparing Indian food is explained, in a simple manner that will produce delicious results. Recipes from many regions of India are presented. The author also provides a brief history of Indian culture, which explains the eating habits in different historical periods and how these are reflected in modern Indian cuisine. Recipes for Indian spices are provided, as well as for many varieties of Indian pilaus and rice dishes. There are sections on beef, pork, lamb, poultry, and fish, with mouth-watering curries and such delicacies as Tandoori Chicken and Beef Vindaloo. Vegetables, breads, desserts, chutneys—numerous recipes for all of these are included. Charming line drawings that illustrate the traditional preparation and presentation of Indian food open each chapter of the book.

About the Author Jack Santa Maria, author of several other popular cookbooks, lives in England.