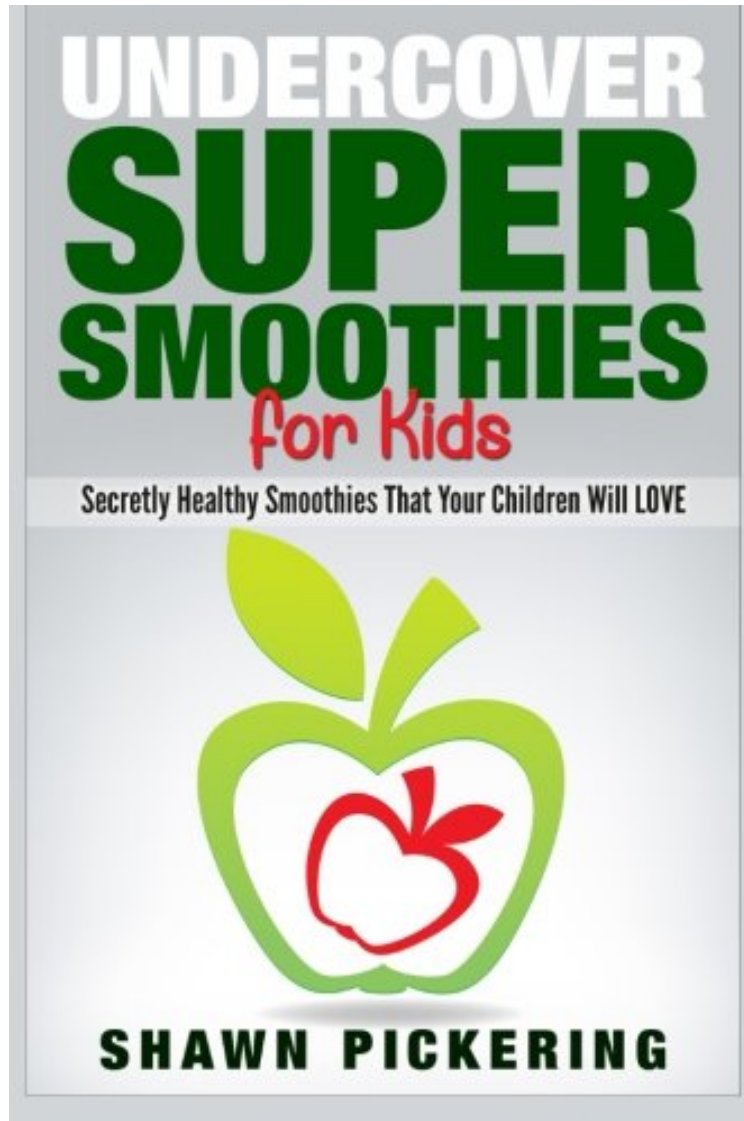


Undercover Super Smoothies for Kids: Secretly Healthy Smoothies That Your Children will LOVE

Morris Odom

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Morris Odom : Undercover Super Smoothies for Kids: Secretly Healthy Smoothies That Your Children will LOVE before purchasing it in order to gage whether or not it would be worth my time, and all praised Undercover Super Smoothies for Kids: Secretly Healthy Smoothies That Your Children will LOVE:

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Smoothies That are so Delicious That Your Child Doesn't Know They are Also Healthy If your child loves smoothies, then this book is perfect for you. There are a variety of recipes for you to choose from including breakfast smoothies and smoothies for a child with a sweet-tooth. There is a smoothie than incorporates protein and many include one or more types of fruit. You can add vegetables to your child's food by incorporating it in a green smoothie. There is even a recipe for healthy toddler treats.