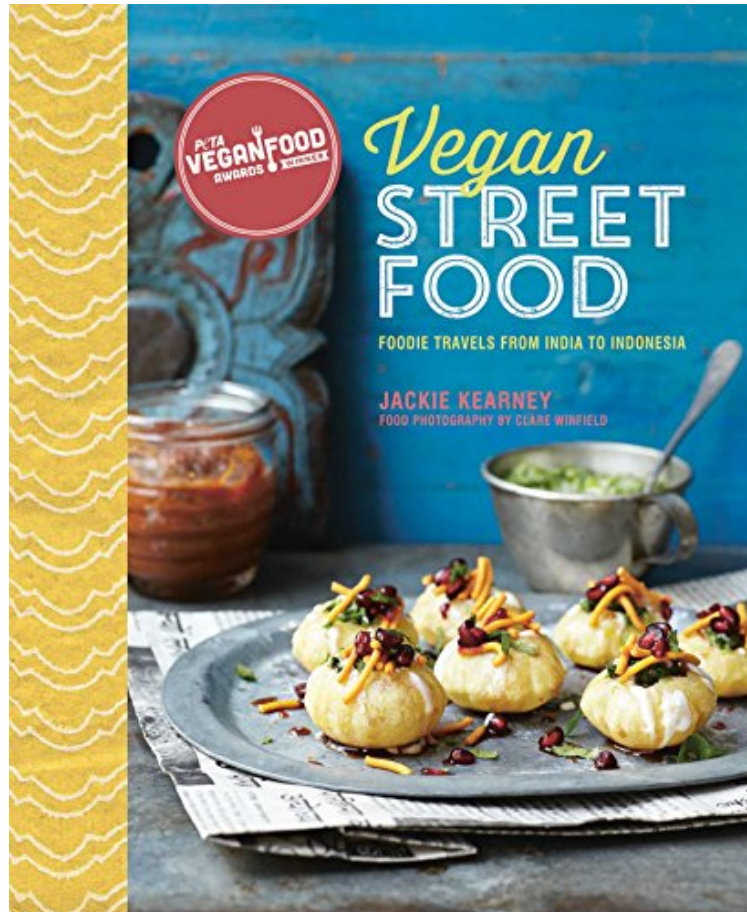


[Free download] Vegan Street Food: Foodie travels from India to Indonesia

## Vegan Street Food: Foodie travels from India to Indonesia

Jackie Kearney

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**Jackie Kearney : Vegan Street Food: Foodie travels from India to Indonesia** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Vegan Street Food: Foodie travels from India to Indonesia:

0 of 0 people found the following review helpful. Five Stars By Jillian Amazing recipes! 0 of 0 people found the following review helpful. Five Stars By Sibylla 629 As expected. 5 of 6 people found the following review helpful. Love this cookbook By samantha whitley I have tried 3 recipes and all three tasted really really good! There's an orange chicken dish that alone is worth buying this book. I can't wait to try more.

Winner of the Best Book Award in the PETA Vegan Food Awards 2016. Jackie and her family ate their way around Asia, sampling street food and jotting menu ideas on the back of napkins. Inspired by the food cultures she embraced on her travels, Jackie has brought new life to healthy, meat- and dairy-free food, inspired by the sheer quantity of vegan food on offer in Asia. Dotted with personal anecdotes from her travels, family photos and fascinating local information, Jackie takes us from India to Indonesia on a journey of tastes and textures, via Sri Lanka, Thailand, Vietnam, Laos and Malaysia. Recipes includes classic dishes that we might be already familiar with, such as Simple

Sri Lankan Dal or Cauliflower and Kale Pakora, as well as regional specialties such as Oothapam (vegetable crumpets from South India) or Tahu Campur (Javanese fried tofu with cassava cakes). Street food is a central part of life in Asia. It brings families and communities together from breakfast to dinner, through all the scrumptious snacks along the way. With this book, you can bring this inspirational approach to feeding your family into your own kitchen, whipping up flavorful and wholesome bites. Celebrate vegan food in all its glory, without compromising on flavor or protein, or trying to make substitutions for meat or fish. That is the beauty of this collection of Asian streetfood—it is simply delicious, and it just so happens to be vegan.

**About the Author** Jackie Kearney was a top-4 finalist in BBC One's MasterChef UK 2011. She has been developing her experience and reputation through pop-up dining events, a vegetarian fine dining club and pursuing her Asian street food venture in her iconic trailer, Barbarella. Her food passion lies with Asian street food and vegetarian dining, inspired by her extensive travels across Asia with her husband and twin children.