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Vegan: Vegan (Vegan Diet, Vegan Cookbook, Vegan Recipes, Vegan Slow Cooker, Raw Vegan, Vegetarian, Smoothies)

Clarence Wright

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Clarence Wright : Vegan: Vegan (Vegan Diet, Vegan Cookbook, Vegan Recipes, Vegan Slow Cooker, Raw Vegan, Vegetarian, Smoothies) before purchasing it in order to gage whether or not it would be worth my time, and all praised Vegan: Vegan (Vegan Diet, Vegan Cookbook, Vegan Recipes, Vegan Slow Cooker, Raw Vegan, Vegetarian, Smoothies):

0 of 0 people found the following review helpful. At least it was freeBy 12JunesRecipes are poorly formatted - even in publisher's font. All "steps" are marked as 1. Author does not indicate quantities in a concise or consistent manner. For example, in one recipe, it says "one huge onion", another says "2 chopped zucchini", etc.

Discover the Vegan Solution to Your Weight-Loss and Health Goals! No matter how much time and energy you spend on your family and friends, there's no escaping the fact that you also need to take care of yourself and your body. Vegan Diet for Beginners: 100 Delicious Recipes. You'll learn what you can eat on a vegan diet, and what to avoid. You'll also discover: Potato Pancakes with Green Scallions Sweet Potatoes with Black Olives Garlic Broccoli-Cheddar-Stuffed Portobellos Roasted Zucchini Tomatoes Coconut Cupcakes Maple-Walnut Oatmeal Cookies Quick Apple Crisp Chocolatendash;Almond Butter Truffles ... and much more! You'll enjoy: 20 Snacks Recipes 10 Soups/Stews Recipes 20 Lunch Recipes 10 Salad Recipes 10 Bean and Grains Recipes 10 Pasta Recipes 10 Side Dishes 10 Dessert Recipes Download Vegan Diet for Beginners: 100 Delicious Recipes to find out about losing weight the clean, healthy, and easy way! You'll be so glad you did!