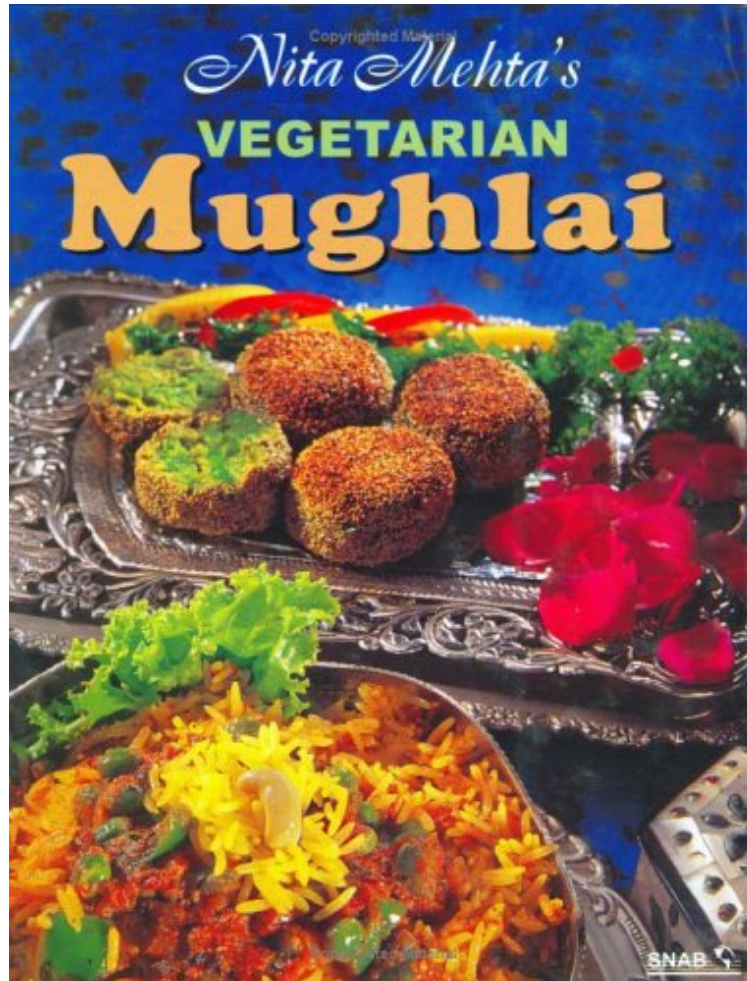


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Vegetarian Mughlai

Nita Mehta

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0 of 0 people found the following review helpful. Mughlai cooking at it's best!By AadooNita Mehta is a genius! This book contains some awesome recipes, which will impress any guest! Well worth the cost.

Mughali Khaana stands apart as the empress of the Indian range of cooking. Though it is a legacy of the Mughals, Mughai cooking is a part of almost all Indian festivals and celebrations. In the Mughal era, the food laid out before Mughal royalty might well have included a shahi gravy like korma, a do piazza, i.e. vegetable cooked with a lot of fried onions, and a dumpukht, i.e vegetables smothered in almonds and raisins and then braised in butter and yogurt.