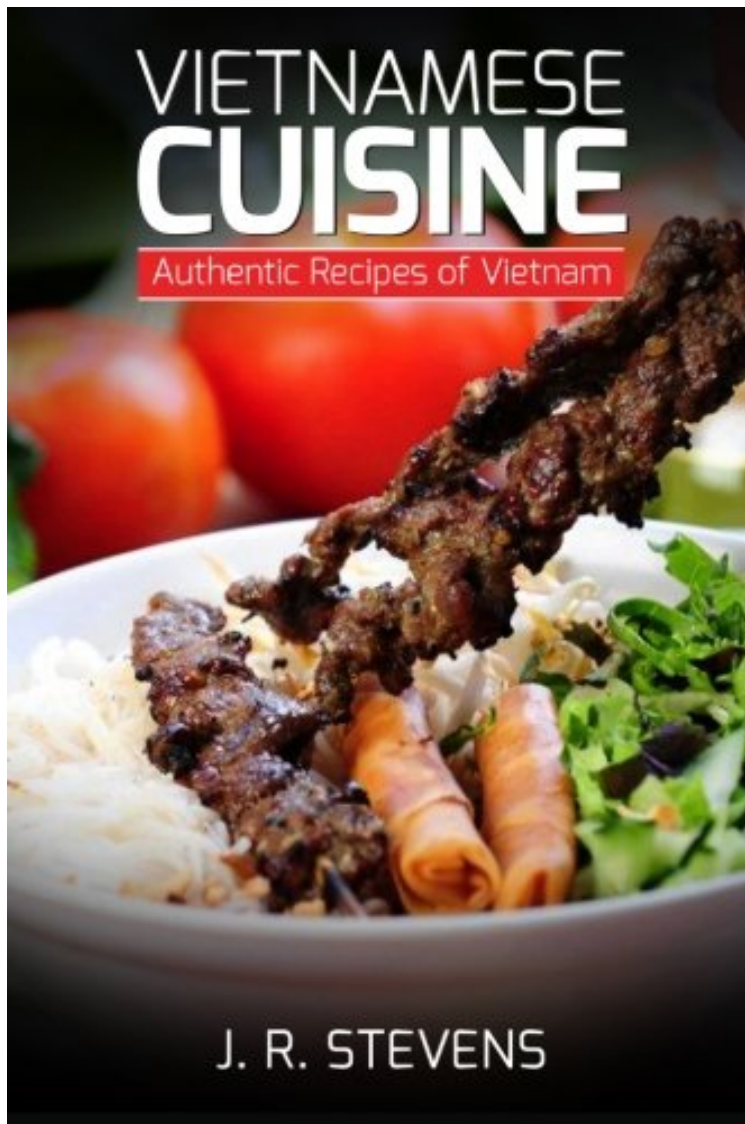


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## Vietnamese Cuisine: Authentic Recipes of Vietnam

*J. R. Stevens*

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Vietnamese Cooking the True Healthy Cuisine of Asia Famous for fresh flavors, lively and artfully composed meals, Vietnamese cooking is a true "healthy cuisine" of Asia. Abundant fresh herbs and greens, delicate soups and stir-fries, and well-seasoned grilled dishes served with rice or noodles are the mainstays of the Vietnamese table. Lots of fish and tofu meals. Even beloved desserts. Along with its delicate freshness, Vietnamese cooking is also subtle and sophisticated. At its best when its flavors are balanced between salty, sweet, sour and hot, Vietnamese cooks strive for a balance of flavors so no one taste outranks any other. Vietnamese Cuisine features over 40 recipes, from soups and stir-fries to well-seasoned grilled foods served with rice or noodles. Each is packed with fresh herbs and spices. This is a great addition to your cookbook library. Easy Vietnamese recipes include: Hollow Donuts Crab Soup Smoked Duck Sandwiches Garlic Lime Beef Pork Pate Sandwiches Creamy Tofu Broccoli Curry Pork Stuffed Squid Red Bean Coconut Pudding Steamed Banana Rice Cakes Sesame Fried Rice Balls Today's cooks will find preparing a Vietnamese meal rewarding and relatively easy. And with the widespread popularity of Asian foods, locating ingredients is not a challenge; most supermarkets now carry such basics as fresh ginger, lemongrass and chilies. Making delicious Vietnamese food at home has never been easier!