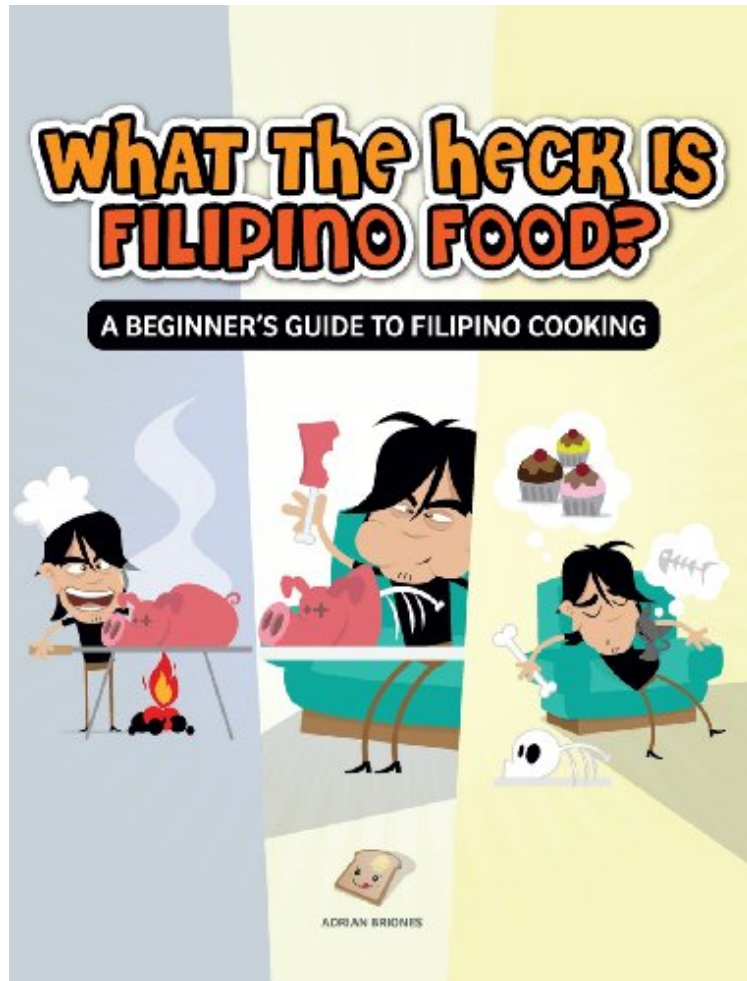


(Download) What the Heck Is Filipino Food? a Beginner's Guide to Filipino Cooking

What the Heck Is Filipino Food? a Beginner's Guide to Filipino Cooking

Adrian Briones

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Adrian Briones : What the Heck Is Filipino Food? a Beginner's Guide to Filipino Cooking before purchasing it in order to gage whether or not it would be worth my time, and all praised What the Heck Is Filipino Food? a Beginner's Guide to Filipino Cooking:

1 of 1 people found the following review helpful. The missing pieceBy WinstonPersonally, I am quite particular about the cookbooks that I buy. But as soon as I heard about the release of this cookbook, I knew I had to get it. Thanks to Adrian's great efforts in promoting Filipino cuisine to the rest of the world, I too have become growingly interested in the cuisine. I now see why he feels so passionately about Filipino food because every experience I had with it was nothing short of exciting, delicious and truly underrated.But to be honest, the thing that gets me about this cookbook is

how much heart that it encompasses in every page. The book starts off with the author dedicating the hero in his life, which is his Mum and you can't help but feel really touched from reading the really personal stories and inspirations behind the book. I really loved reading every single page and simply could not put it down. By the end, I was reminded by how food is best when it's presented in its simplest form and how it can be used to celebrate the people we love and how much they mean to us. The pictures also take you away and you can really feel the essence and Filipino culture by the way the stories are told. This book took me on a very personal journey, the way food is meant to be shared and I have been shown a whole dimension of Filipino cooking that I haven't experienced before and I simply cannot wait to cook my way through this book. There's so many recipes that had my mouth water as I'm sure it will, yours. To sum up, I'm really grateful for this book and I truly believe it's what we've been missing all along, i.e. an honest and heartfelt cookbook on Filipino Food.

Adrian Briones is the author of Australia's First Filipino Cookbook. Since its official April 2012 release, it has landed in the Bookdepository.com Best Sellers and recently won Best Asian Cuisine Book (Australia) at the renowned 18th Gourmand World Cookbook Awards. Adrian has been featured in SBS Food, The Herald Sun, Food and Travel, The Melting Pot, BBC Radio, SBS Radio, HomeAway, MTV online and Be@Home and writes for the award winning food blog foodrehab.com.au. Born in the 'Culinary Capital' of the Philippines, San Fernando, Pampanga, Adrian describes Filipino food as 'Asian Soul Food' and spent two years writing his first book What The Heck Is Filipino Food? A Beginner's Guide to Filipino Cooking, to break the ice about Filipino food and its mystery in Australia so to speak; where there are hardly any Filipino restaurants. The book stands as a tribute to Adrian's mum who taught him how to cook and her infamous secret recipes that have had many people drooling not too mention queuing for years and is filled with childhood stories as well as a humorous take on Filipino history. In addition to being a super easy guide to traditional Filipino cooking and culture, there are a few twists on the classics from Pulled Pork Adobo Pie to Frenchy Filipino Toast with Maple Butter - taking traditional recipes into the 21st century. It also includes incredible photography taken in the Philippines. The book has the look and feel of a comic book complete with flashy quote boxes, superhero fonts, cartoon characters and an in depth glossary which describes many of the ingredients that you may not know of that is used in Philippine cuisine. Certainly not your average cookbook. There are two chapters in the book with one chapter on Merienda (snacks/light meals) and another focusing on the larger meals/mains, very much in the same vain as how Filipino's spread out their meals throughout the day. You will learn how to make many incredible and fragrant 'kapampangan' dishes from scratch using simple techniques, fresh produce and ingredients that may already be in your pantry.

"a highly original, personal book. It demonstrates the author's love of the Philippines and especially its food. There are anecdotes, musings and 'penciled' notes on some recipes, and Briones is behind every word of it, as well as being the photographer (and cook) of all the dishes." Obviously others have appreciated this too as, recently, Adrian's book was awarded the Best Asian Cuisine book (Australia) in the Gourmand Cookbook Awards 2013." - reviewed by Sally Hammond foodandtravel.com.au About the Author Adrian Briones is the author of Australia's First Filipino Cookbook. Since its official April 2012 release, it has landed in the Bookdepository.com Best Sellers and recently won Best Asian Cuisine Book (Australia) at the renowned 18th Gourmand World Cookbook Awards. Adrian has been featured in The Herald Sun, SBS Food, The Melting Pot, BBC Radio, SBS Radio, HomeAway, MTV online, Food and Travel and Be@Home and writes for the award winning food blog foodrehab.com.au. and writes for the award winning food blog foodrehab.com.au where he aims to spread the word about his passion for Filipino food through his recipes and stories.