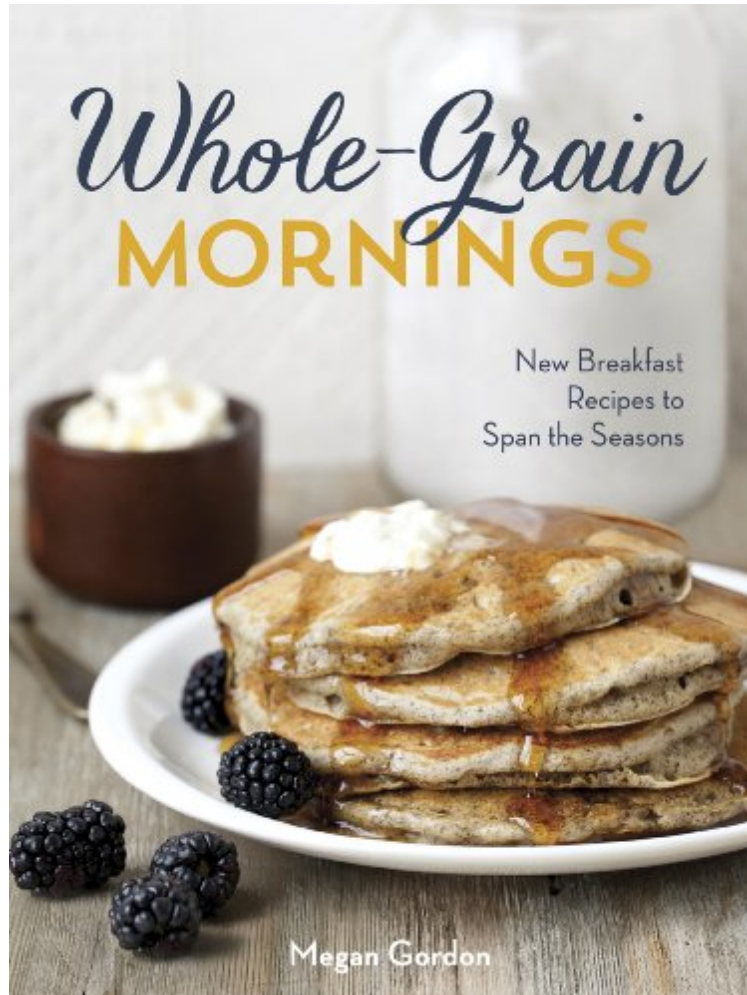


## Whole-Grain Mornings: New Breakfast Recipes to Span the Seasons

Megan Gordon

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**Megan Gordon : Whole-Grain Mornings: New Breakfast Recipes to Span the Seasons** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Whole-Grain Mornings: New Breakfast Recipes to Span the Seasons:

6 of 6 people found the following review helpful. Love this book....By Ruth McClelland I love whole grain and natural foods, especially for breakfast. This book really does the job. I have made the whole grain pancake mix and subsequently the pancakes. They were wonderful! then I made the granola and basically followed the recipe. The only thing I changed was, I added some coconut and toasted chopped almonds. This cookbook is a very nice addition to my kitchen cupboard of cookbooks!! I definitely recommend it to anyone wanting a whole grain start to their day. 2 of 2 people found the following review helpful. Great ideas for delicious breakfasts By Kay HI love the idea of making healthy breakfasts, but they need to taste really good if I'm going to be motivated to cook early in the day. These recipes do. The first recipes I tried, Morning Glory Oats and Triple-Coconut Quinoa Porridge will be standards at my house from now on. Many of these recipes are things I would make ahead of time if I were planning to have them on a

weekday, but both of the recipes I tried were great heated up later in the week. I will be trying more recipes soon and I think this is a cookbook that I will return to often. 2 of 2 people found the following review helpful. Innovative and delicious whole grain recipes By S. Subramaniam first got this book through my local library but loved it so much that I bought 3 copies, 1 for myself and 2 to give as hostess gifts (and in both cases a huge hit). I love the recipes which incorporate various whole grains, the seasons and the author's own personal story. Recipes are grouped based on seasons, There are a variety of breakfast and brunch recipes of the hot and cold variety.

A seasonal collection of enticing, comforting recipes for sweet and savory whole-grain breakfasts including granola, warm porridges, muffins, savory tarts and eggs; as well as seasonal toppings and accompaniments like homemade yogurt and almond milk, all from the writer of the popular blog A Sweet Spoonful. A beautiful guide to morning meals, *Whole-Grain Mornings* offers sixty-seven sweet and savory recipes for wholesome whole-grain breakfasts. Whether you're cooking for busy weekdays, slow Sundays, or celebratory brunches, this charming cookbook will inspire you to look beyond the average bowl of cereal toward healthy and delicious ways to incorporate whole grains like amaranth, farro, and barley into your morning meals. Seasonally organized recipes feature favorite one-bowl breakfast fare like Apricot Pistachio Granola and Triple-Coconut Quinoa Porridge alongside more unconventional options like Saucy Tomato Poached Eggs with Kale and Wheat Berries and Nutty Millet Breakfast Cookies. With information on timesaving alternatives as well as a guide to the most commonly used whole grains; and sprinkled with abundant food and lifestyle photography throughout; this cookbook guarantees the most important meal of the day will also become your favorite.

.com Featured Recipes from Whole Grain Mornings Download the recipe for Apricot Pistachio Granola