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Sara Corpening Whiteford, Mary Corpening Barber, Lori Lyn Narlock
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Sara Corpening Whiteford, Mary Corpening Barber, Lori Lyn Narlock : Wraps: Easy Recipes for Handheld Meals before purchasing it in order to gauge whether or not it would be worth my time, and all praised Wraps: Easy Recipes for Handheld Meals:

0 of 0 people found the following review helpful. Mom loves this book! By bopsmom Mom loves this book! 10 of 10 people found the following review helpful. Great recipes for picnics or food on the go. By C. Spencer I do a lot of hiking bike riding, and I bought this book to get some ideas for lunches that I could make in the morning and take with me. As for the previous review's comments, this book does have some recipes with unusual ingredients, but most are easily found in an average grocery store. This book does not promise to be a pantry-cookbook (in other words, you may not have all the ingredients on hand). What it does deliver is many great recipes for wraps. Some of my favorites are the "Pizza Pie" wrap, "Ice Cream wrapwich" and the Caesar wrap (called "Render unto caesar"). Give this book a try and I think you will find several if not many recipes that you will want to make again and again. 1 of 1 people found the following review helpful. If you want to eat something that is less heavy ... By Diana McNeel If you want to eat something that is less heavy than a sandwich, wraps may be the ticket. This book has enough recipes to keep your culinary interest for quite a while.

What's the difference between a wrap and a burrito? The burrito was invented in northern Mexico as a convenient way for cowboys to pack a lunch. Filled with traditional Mexican ingredients, it's become practically a staple food. A wrap, on the other hand, is like a burrito with frequent flier miles. International flavor? That's just the beginning -- wraps accept no limitations in the pursuit of delicious variety. Why not try an Italian wrap with pine nuts and bell pepper? Or

a Thai wrap flavored with ginger and curry? Why not an eggs Benedict wrap? Painless to prepare and packed with flavor, wraps make a great breakfast on the go, lunch at the park, or quick dinner. From Cajun spice to vegetarian delights, Wraps features dozens of recipes for festive combinations and extraordinary fillings that will change forever the way you think about burritos. Isn't it time you embraced the greater potential of the tortilla?

About the Author Mary Corpening Barber and Sara Corpening Whiteford are identical twin sisters and the acclaimed owners of Thymes Two Catering in San Francisco. Lori Lyn Narlock is a San Francisco-based writer and editor. Her work has appeared in such publications as Bon Appetit and the San Francisco Chronicle. Frankie Frankeny is a San Francisco-based photographer whose work has illustrated many books, including Wookiee Cookies (0-8118-2184-6) and The Christmas Cookie Book (0-8118-3095-0).