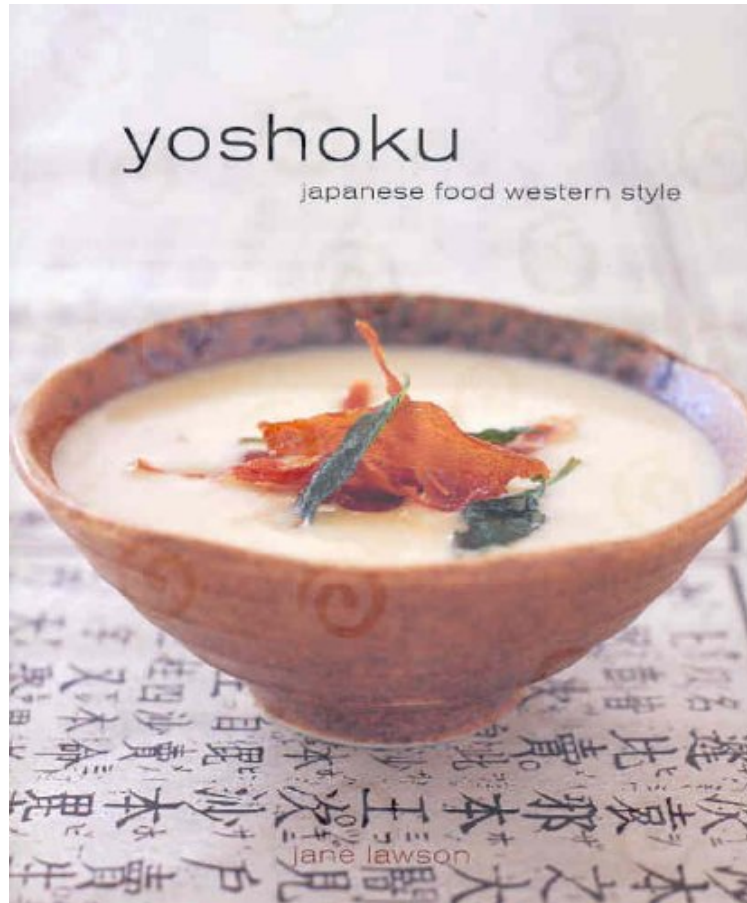


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Yoshoku: Contemporary Japanese

Jane Lawson

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Jane Lawson : Yoshoku: Contemporary Japanese before purchasing it in order to gage whether or not it would be worth my time, and all praised Yoshoku: Contemporary Japanese:

Yoshoku is an exciting new book that introduces Japanese flavours and basic cooking methods into Western style cooking. The result is a book full of simply flavoured food that is fresh, light and interesting. Yoshoku will appeal to anyone who is curious about exploring Japanese ingredients, would like to add some new and exciting recipes to their repertoire or would like to take advantage of the recognised health benefits of the Japanese diet. Stunning photography of the food and the atmospheric location shots make this both inspiring and practical.

About the Author The author, Jane Lawson, has a long love affair with Japan and has visited the country over 15 times. She is passionate about bringing the best of Japanese cuisine to Western readers in an easy and approachable manner.