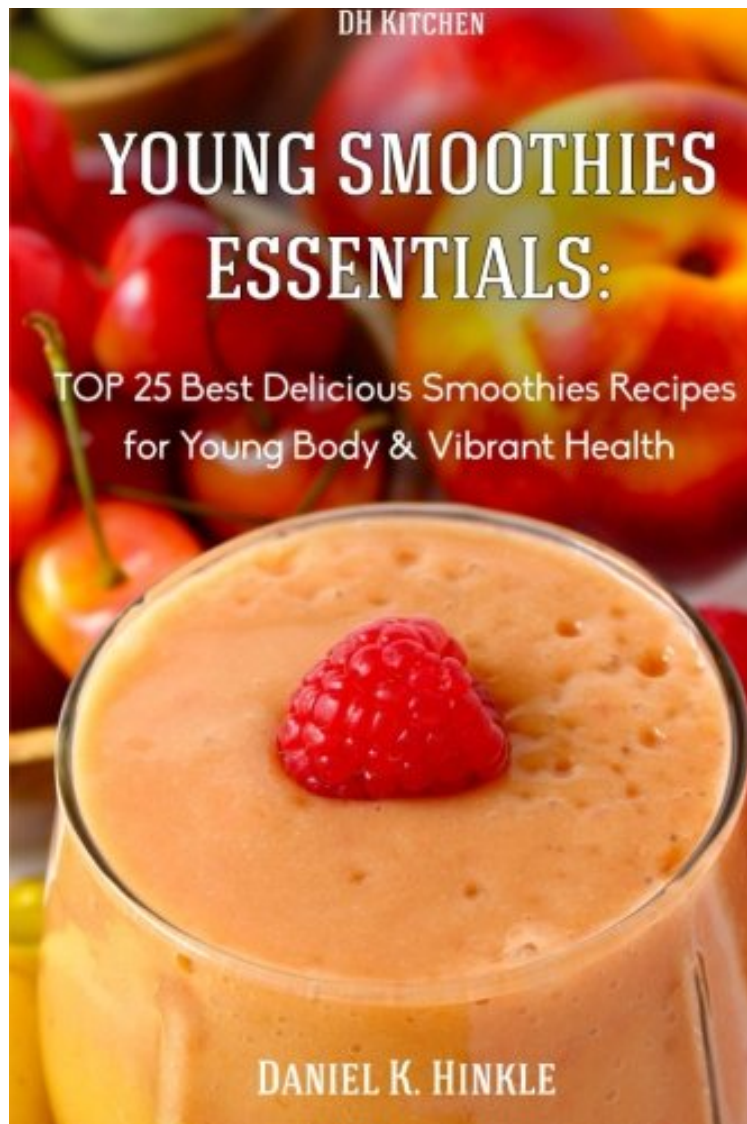


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## Young Smoothies Essentials: TOP 25 Best Delicious Smoothies Recipes for Young Bo (DH Kitchen) (Volume 31)

*Daniel Hinkle, Marvin Delgado, Ralph Replogle*  
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0 of 0 people found the following review helpful. I'm gonna try them all! Recommend!By Pedro M.Now it's really hard to have time to make all kind of healthy food, since I have to work I never get to eat properly usually miss breakfast and for lunch I eat anything on the streets! I have been trying to chance that but try to get a well balanced breakfast is hard specially if you have to get up early to drive for hours to get to work. I got this book to have a fast way to balance my days, now I do a fast smoothie in the morning and I can drink it while I get to work. I get to eat fruits and I don't have to waste a lot of my morning time!I haven't done all the smoothies yet but I definitely have some favorites like the banana and pineapple!!! And dome of them have some chocolate on it like the chocolate strawberry! OMG! I loved that one! There are some great ones I'm gonna try them all!1 of 1 people found the following review helpful. Great book!By HenrikGot this book for free and I'm damn happy for that! The book is jam-packed with great smoothie recipes and with an image for every recipe (which is rare). I tried the "Fruity Frappe Smoothie" and it tasted amazing. This is a read and come back to kinda book and I'll return to it for sure, can't wait to try out the other recipes. Highly recommend it.0 of 0 people found the following review helpful. Delicious and healthy smoothies recipes!!!!By Arturo DominguezDelicious and healthy smoothies recipes!!!! I absolutely recommend this book. It gave me plenty of ideas to prepare my own smoothies rather than overpaying for them. I just wish there were more chocolate like recipes. I really like how it brings variety of mixes. Worthy purchase.

\*Updated July 8, 2015: Added an extra James's; Healthy Fruity Smoothie recipe\* SPECIAL DISCOUNT PRICING: \$9.99! Regularly priced: \$14.99 \$15.99. Get this Amazing #1 Amazon Best-Seller - Great Deal! You can read on your PC, Mac, smart phone, tablet or Kindle device. We have taken special care in choosing smoothie recipes that are easy to pack for and simple to make on any blender. We hope you enjoy the delicious flavors of the great Smoothies Essentials: TOP 25 Best Delicious Smoothies! You should not miss out on fresh food recipes. These easy healthy smoothie recipes are sure to tickle your taste buds and have you jumping for joy on your next party. Explore the amazing world of smoothies and health diet food and discover the deliciousness hidden within the easy smoothies recipes. - 25 smoothies essentials recipes - Each of the recipes have easy to follow steps allowing anyone to make them in no time at all - Bring some awesomeness to your healthy diet food skills Tried, Tested and SO GOOD! These recipes have all been tried out by us and we LOVE each and every one of them. So what are you waiting for?! Get to it and satisfy your smoothie menu cravings! Scroll Up, Buy Now Start Outdoor Cooking. You're Gonna Absolutely Love These tropical smoothie ideas This book is great for you: - If you love healthy food but don't know where to get started with green smoothie recipes - If you have never heard about how to make a smoothie but want to learn how - If yoursquo;re weight loss smoothies Veteran who just want to add more delicious recipes to their arsenalSo Next Time You Have a Party or a Get Together...Be sure to grab one of my favorite 25 smoothie diet recipes, blow the minds of your guests and keep them coming for more. Some of the recipes that you'll find in this book are: - Monster Green Smoothie - The Orange Snowman - Strawberry-Orange Mongolian Juice Smoothie - Fruit and Berry Smoothie - Peanut Butter ndash; Banana Berry Smoothie - Banana ndash; Apple Smoothie - Fruity Frappe Smoothie - The Orange Smoothie - Green Lean Smoothie - Banana and Pineapple SmoothieAnd these are just a few that are included in this fantastic weight loss smoothies book. Simply Click on ldquo;Buy now with 1-Click reg;rdquo; And Start Your Journey Towards The World Of Smoothies Today I look forward to getting you started on some on my most favorite recipes that I've ever shared. Trust me, it's worth it! Today For Only \$9.99 \$14.99 \$15.99. Scroll Up And Start Enjoying This Amazing Deal Instantly