

## Yum-Yum Bento Box: Fresh Recipes for Adorable Lunches

*Maki Ogawa, Crystal Watanabe*  
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**Maki Ogawa, Crystal Watanabe : Yum-Yum Bento Box: Fresh Recipes for Adorable Lunches** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Yum-Yum Bento Box: Fresh Recipes for Adorable Lunches:

4 of 4 people found the following review helpful. Easy to follow book for starters By Rishalt's a really easy book to follow if you are just starting out on making Bento boxes. All the items are pretty common and you will probably be able to find them at your local grocery store. I also like that it gives you tips and suggestions. Another good part is that it gives you substitutes for some food like fish or other sea food. I am allergic to shellfish and several types of fish so I found that part to be awesome that they took the time to put that in. The only complaint I have for the book is that a lot of the recipes and "How To" are things that you can just find for free on the internet. I bought the Kindle version for \$3 but I personally would not pay the \$11 for the physical book but that is completely up to you. Maybe the book can offer you something that a website can not. 4 of 4 people found the following review helpful. I liked this. By Ms. E. Marie I have to give it five stars because I've never created bento boxes before. This has opened an entirely new culinary creative avenue for me. The book is beyond basic. I am talking pre-teen to teenager basic, but since I had no previous knowledge I found it so useful from the ground up. This book is something that you can easily reference, and practice with for a few months. It is by no means a build upon technique book. This is meant as showing you the very basic skills needed to make very simple bento boxes. Where you choose to go from there is up to you. I would have liked to

see more instruction in this book and more products geared for the American population. (I have looked far and wide and cannot find anything that will double as fish paste or any palatable fish paste for that matter). The resources listed in the book are lacking at best and provide minimal if any help finding tools, supplies, or products. The book sparked my interest and held it. Provided me with basic training that was easily followed for the most part and fun. If you are starting out. Good book. If you already know what you are doing, I can't see how this book could provide you with any new information. 1 of 1 people found the following review helpful. Great bento book!!!! By Vivian T73 This book is amazing. Over 100 pages of information, recipes and ideas. The first few pages give you an introduction to bentos with pictures and descriptions of tools, additional items that you may wish to use and how to make shapes and faces. So many ideas, recipes and full-color pictures and a shopping guide in the back to help you locate items that may be impossible to find in certain areas. This is the third bento book I have purchased and it is by far my favorite. All the recipes seem easy enough to recreate and the great part is you can substitute any meat, veggie or fruit to your own taste and still have it come out tasting delicious.

This book makes creating colorful, cute, and tasty Japanese-style lunches easy and fun! Learn how to craft your favorite foods into a variety of shapes—from caterpillars, cars, and puppy dogs to pretty flowers, princesses, and kitty cats to make the yummy, healthy lunches that are all the rage in Japan. Featuring chapters on Cuties Critters, Fairy-Tale Friends, and Special Day Treats, plus a handy shopping guide, easy recipes for mini snacks, general tips and tricks, and so much more, Yum-Yum Bento Box is the perfect guide for beginner bento makers and expert chefs alike. Stop wasting money on pre-packaged lunches—and start making beautiful, healthy bentos! Includes: · An introduction to Japanese Lunches · Packing a Bento Box · Bento Boxes, Tools, And Accessories · Ingredients · Cuties Critters · Fairy-Tale Friends · Special-Day Treats

“Move over, brown bags. Bento box lunches are prettier, eco-friendly and just plain fun.”—Working Mother “Jazz up your child's lunch box with cute little bento that are easier to make than you think.”—Mother Nature Network “Yum-Yum Bento Box is too cute for words.”—Modesto Bee About the Author Crystal Watanabe (a.k.a. Pikko) started making bento boxes for herself as a way to eat small, healthy portions, and she enjoyed it so much that she now shares her hobby with bento fans worldwide at her blog Adventures in Bentomaking ([www.aibento.net](http://www.aibento.net)). She lives in Hawaii with her husband and two children. Maki Ogawa (a.k.a. Luckysundae) is a Japanese mom who loves to make cute bento boxes for her two young boys, her husband, and herself. She shares her creations on Flickr and at her blog, Cute Obento ([www.cuteobento.com](http://www.cuteobento.com)). Excerpt. © Reprinted by permission. All rights reserved.

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